

#### AN ARTICLE FOR THE CHERRY CHATTER

#### The 'Joys' of Horse Breeding

I have been asked to write an article regarding the 'joys' of horse breeding.

It was meant to be a short article, but it's ended up being the saga of what can (and did) go wrong. It does have a happy ending though, so please keep reading?

Prior to October 2021, I had made a decision to breed my 10 year old Morgan mare, Liana, with a friend's palomino Morgan stallion. The Morgan horse is one of the earliest horse breeds developed in the United States. Tracing back to the foundation sire Figure (born 1789). Figure was later named after his most well-known owner, Justin Morgan. In Australia, there are only around 575 pure bred Morgans, with around 20-40 mares bred each year. They are on the criticallyendangered list.



Morgans are a beautiful animal, defined by their compact body, muscular but refined build, expressive head and well arched neck. They have a wonderful temperament and are an 'all-rounder', meaning they are suitable for all types of riding and driving, and they make great family horses.

I currently own 2 Morgans, but my dream was to breed one of my own, and it was a 'bucket-list' item which I had in mind for many, many years.

10<sup>th</sup> October 2021 – I bred Liana to my friend's stallion. 8 days later I took Liana to have a scan to confirm pregnancy. Yes!! She was in foal. Exciting news!

She went back for another scan at day 17 to confirm that all was going well, and that there were no twins. There weren't, fortunately. Twins often don't survive, so the vet has to remove one of the embryos.

Another scan at day 45, to make sure the foal is settled properly, and now I can take a breath and know that all will be well until the birth.

How wrong could I be?

On July 29<sup>th</sup> 2022, I took Liana to the vet for another scan because I had noticed some strange things going on with her body, around the udder area. The vet confirmed my mare had placentitis (an infection in the placenta). Placentitis can cause spontaneous abortion, often without the owner knowing that the mare has aborted the foal. A foal cannot live if born early. No such thing as an incubator for foals, and they only actually become a viable foal within the last week of their development.

So, Liana was now on antibiotics and antiinflammatories twice a day until the day of foaling.

The foal was due mid-September 2022.

9 days later, I noticed something else amiss and took Liana back for another scan.

This time, the scan showed inflammation in the placenta wall, which meant that the placenta was breaking down and wouldn't offer enough nourishment and oxygen for the developing foal.

Regumate was added to the mix, once a day. Regumate (progesterone) has to be ingested by syringe, and not allowed to get on human skin due to its ready absorbability. What a pain!

This was getting to be a real chore, but I knew that if I stuck to the regimen, chances were the foal would come out at the end, and be healthy. That was my wish.

Liana's due date September 15<sup>th</sup> came and went, with no sign of Liana's milk coming in, which is one way of telling if the mare is ready to foal.

I found out that the mare has no say in the matter of foaling. It is actually the foal that makes its decision to be born, when it's ready. I learned some VERY interesting things on the journey of being a horse breeder.

October came around and I thought, she must be due soon, but she still didn't show much action, however my friend Eva, who breeds Morgans, came and did 'foalwatch' with me one night when I thought Liana might be ready. This was me thinking that she was ready, however I still had a lot to learn about what the signs of imminent foaling were.

I laugh when I think of it now, because poor Eva spent 5 nights in total at my home. We stayed awake all night, watching a video camera live-stream I had set up from a security camera installed in the stable.

This was a wonderful set-up because some of those nights were the coldest, wettest, most miserable of nights. We were cosy, and entertained with Netflix, but oh so tired.

On October 7<sup>th</sup>, Liana's milk finally started to come in. I felt sure this was IT!! She would be foaling that night.

Eva came over and we watched, and watched, and waited, and took turns snoozing, and watched some more. Liana shuffled and shifted her way through the night, but there was no foal in sight. We knew that if she tried to lie down (she was so big and uncomfortable by that stage she couldn't lie down), then she would start foaling.

Mares usually foal sometime between 8pm and 2am. This is something to do with their wild instincts, and the

safety of foaling at night. Great for them, not so great for us doing foal-watch.

I noticed Liana attempting to lie down during the day, and her milk started running so I was definitely convinced it would be that night.

On the evening of Saturday the 8<sup>th</sup> of October, Eva arrived about 6.30 and by 8pm Liana was down, and the foal's front feet had appeared.

It's supposed to only take around 20 minutes for the foal to be born at that stage, but unfortunately Liana didn't have the strength to push the foal out so Eva (great and experienced friend that she is) assisted Liana by checking the nose was in the right position, on top of the legs, then grabbing the 2 front legs and pulling the foal all the way out during the next contraction. Fortunately Eva is strong (much stronger than me) because a LOT of effort was required to pull him out.

Hurray!! A foal on the ground!! A gorgeous little colt.

One of the most beautiful noises in the world is the gentle nickering sound a mare makes when she connects with her foal. It brought tears to my eyes.

We waited to see how the foal managed, and he should have been standing and feeding by 2 hours, but the poor little colt's physical development had suffered in certain areas, as a result of the placentitis, and even though he had a suck reflex, couldn't stand by himself. He also was seeking the mother, but couldn't find the teat even though we supported his weak little body, and pointed him in the right direction many times.

Another challenge, and another huge thank you to my friend, as she had previously suggested we buy a baby's bottle and teat, just in case. The next step for us was to bottle feed the foal until he could feed himself.



Rainier - only hours old

We milked Liana, who obligingly stood like a rock, and we took turns feeding the foal by bottle for 12 hours, every 45 minutes. Thankfully the night was still and dry, but exceptionally cold.

The foal was as bright as a button mentally, and even nickered to us when we came into the stable to feed him.

He was so cute!

At 9.30 on the morning of the 9<sup>th</sup> of October, I gave the foal his bottle. He stood up and started sucking from his mother, on his own.

What a relief! Now I could finally go to sleep, knowing he would be able to look after himself.

The vet came that afternoon to do an IGG test (Immunoglobulin G) to check that the foal's antibody count was high enough for him to be able to cope without outside intervention, but unfortunately the mare's colostrum (which contains all the antibodies the foal needs for future health) wasn't rich enough, or had been lost on the ground during the previous day, even though I did milk her. The window for the foal to get the life-saving colostrum is 24 hours from birth so we only had an hour to defrost a container of borrowed mare's colostrum I had in the freezer. The vet then put a tube down the foal's nostril and into his stomach to drench him with the colostrum.

Fortunately the foal's IGG was sufficient at the next test, so all was good.

Cherrybrook Rainier, pure bred Morgan colt is a healthy, lively, lovely, friendly little colt, and a joy to be around.

It was a challenge, breeding this little guy, and I have been told that this was a trial by fire because the majority of breedings and foalings have no problems.



Rainier at 3 weeks old

Would I do it again? Yes!

Chances are these issues will not happen again. I feel that having had the experience, I would now be able to cope on my own if any similar problems arose, and I know that the vet would be on the end of the phone if I needed any verbal direction or assistance.

I owe the health of my mare and foal to my friend Eva though. Without her, the results could have been tragic.

A local resident.

#### 2022 CHERRY CHATTER COMMITTEE

Chair	Don Watton			
Deputy Chair	Kerry Hughes			
Editorial Team	Don Watton, Vicki Kirss, Emmanuelle			
	Harrington			
Secretary	Bev Watton			
Treasurer/Ads	Marg Macks <u>pmcmacks@bigpond.net.au</u>			
Newsletter	Vicki Kirss 0412 364 180			
Committee	Bill Semple, Julie Martin, Edie Brooks, Bec			
	Wilson, Mel Williams, Kerry Holtham &			
	Wayne Venables			
Address: 409 Cherry Gardens Rd, Cherry Gardens SA 5157				

Website: <u>www.cherrychatter.org.au</u>

CC Email address: <u>cherrychatternews@gmail.com</u>

#### PLEASE NOTE OUR NEW EMAIL ADDRESS IS:

cherrychatternews@gmail.com

Articles for Cherry Chatter must be received by email to <u>cherrychatternews@gmail.com</u> by 5th of each month – WITHOUT EXCEPTION. Please provide in a WORD document (no spacing format) and .JPEG picture files to assist us with editing.

#### PLEASE TAKE NOTE

Opinions and articles printed in the Cherry Chatter are not necessarily shared by the members of the Cherry Chatter Committee.

**NOTE** – The Cherry Chatter Committee will not approve any controversial article for publishing unless the name and address of the author is supplied.



Please 'Like' us on Facebook **https://www.facebook.com/92CherryChatter** 

#### CHERRY GARDENS RAINFALL REPORT OCTOBER 2022

Rainfall for October 2022		91.4 mm	
Rainfall for October 2021		75.0	
Average rainfall for October		71.7	
Rainfall to the end of October 2022 Rainfall to the end of October 2021 Average rainfall to the end October	84	70.0 43.6 31.4	
Number days of rain for October	2022	16	
Number days of rain for October	2021	15	

#### HALL NEWS

CHERRY GARDENS MEMORIAL HALL FOR HIRE

Available for hire for all functions, meetings and social occasions. Very reasonable rates. For bookings and more information phone 0414 824 110

Full kitchen facilities available



#### SPRING FEAST CANCELLED

We unfortunately had to cancel the Spring Feast, scheduled for November 13<sup>th</sup>. With just over a week to go before close off, we had no bookings, so in fairness to our caterer, felt we had no other option than to cancel.

We understand the post Covid world is still having an impact, and that the increase in costs means families have had to make decisions about their spending.

However, we are not deterred, and hope to arrange functions in the future designed to bring our community together.

Why not "Like Us" on Facebook to keep up to date with coming events <u>www.facebook.com/cherrygardens/</u>

#### JUSTICE OF THE PEACE

Cherry Gardens: Michael (Mike) Deare Mobile **TEXT ONLY** on 0458 642 321 Coromandel East: Baldev Singh Dhaliwal – Ph 82707267 Mob 0411 113 331 Mrs Vicki Hayman Ph 0405 015 411 Blackwood: Darren of Kruse Legal Ph 82781779 Office of Sam Duluk MP Ph 82785844 IP Services are available Mon–Fri 9-5

JP's work at no charge, so please CALL FIRST to book an appointment.

**CHERRY GARDENS** CFS

If you would like more information or a visit to the station, please contact Lawrie Linggood on 0400 285 697.





Another year has passed very quickly and the Brigade has successfully dealt with all the challenges that it faced. It was a relatively quiet twelve months from a firefighter's perspective but our dedicated Comms team worked hard all year supporting the wider Sturt Group. We put into service our new 34P appliance in January and it has proven to be a big step up from both from an operational and safety point of view.

Looking back on the year the

majority of our call outs were either storm related damage or tree downs, no major fires and no serious road crash rescues which is fine by us! We have welcomed new members this year but are still looking for more so if you think you can contribute to your community please get in touch.

Thank you for all the support this year, Cherry Gardens and surrounding suburbs make a great community. Special thanks go to the Cherry Chatter who assist us as needed and all those who donate cans and bottles. The recycle really makes a difference – this year we have again been able to fund improvements to our equipment and resources. Our current plan is to "electrify" the equipment carried on the appliances (moving away from two stroke chainsaws and leaf/debris blowers) To this end we are using money from the collection of re-cycle to fund an electric blower for 34P.

We hope everyone has a happy and safe Christmas with family and friends. The fire season may be a challenge into the New Year due to the wet Spring, so please stay vigilant with fire safety and preparedness.

As always, if needed the Brigade will be around to assist -just call 000.

See you all next year!



We can offer advice with all wildlife enquires and provide support for you. Call Bev on 0422 938 439 or Glenn on 8270 1169. Happy to assist where we can. www.mintonfarm.org

In the event of a bushfire, the first responders to burnt animals will be SAVEM, 0477 055 233. They will triage the wildlife and put down animals with burns to more than two feet. As time passes you will find animals appearing from the fire grounds that have been hiding or too burnt to move around much. It may take days for them to come out of hiding with burns becoming infected and extremely painful. Ground dwelling animals will have deep burns to their feet including echidnas, koalas and kangaroos. Echidnas will bury themselves to avoid the flames which can melt the quills, and will burn their foot pads once trying to move around again after the fire front has passed.



Echidnas can be contained in a bath tub or rubbish bin to get them help. Animals may have lung damage from smoke inhalation/ cloudy, weeping eyes from soot, embers, heat and smoke/ and singed fur, noses and ears. Larger animals like kangaroos may appear to be lying down resting and not grazing to avoid pressure on burnt foot pads and hands. Some animals will have a chance to recover and be released such as birds, lizards and possums, whereas others will be suffering great pain and dehydration like koalas and kangaroos, and it is kinder to end their suffering.



#### What is the best way to help burnt wildlife?

If you can *contain them* to an enclosed area, with shallow *bowls of water* available to drink, that will make it easier for rescuers to assess or euthanize them quickly to relieve suffering. Water stations can be made from pvc pipe with a removable lid. They can be tied to star droppers throughout the burnt areas for wildlife to access. Kangaroos can be offered hay, particularly lucerne or oaten, carrots, apples, sweet potatoes and kangaroo or horse pellets.

Animals in shock need to be kept warm, dark and quiet to reduce stress. The best way to handle them is to cover them with a towel or blanket depending on what size they are. Two washing baskets, one inverted on the top of the other, secured with zip ties, are an easy way to contain animals. Wear gloves as stressed injured animals are likely to strike out or bite to defend themselves. Cover the basket or box with a sheet, towel or blanket to further reduce stress caused by light and sound. Applying cool saline to the burnt feet is the best initial way to help with pain and reduce infection. Shock, heat, pain, and stress all cause animals to be thirsty. Never pour water into the mouth of any animal as it will go into the lungs causing pneumonia and potentially euthanasia. It is best to offer water in a shallow bowl and allow the animal to lick the water themselves.



Possums, lorikeets, and honey eaters all benefit from having pureed apple, or some glucose in water, as an initial energy pick me up once out of shock after an hour or so. Parrots in the area will be hungry, so hanging bird feeders of seed or seed bells will help them. Nectar feeders like lorikeets and honey eaters can be provided with sugar and water with baby cereal to thicken it to assist their rehydration. Lizards can be offered beaten raw egg, banana, strawberries and fresh water to rehydrate.



#### Who can help you to help them?

There are many rescue groups willing and able to provide assistance, transport or treatment for various different species encountered.

Minton Farm is always willing to assist via 8270 1169. Here is a list of carers that may be of assistance in an emergency. <u>SKER</u> 0435056252 Koalas and echidnas. <u>Adelaide Hills Wildlife Rescue</u> 0407615336 Roos, possums, koala.

<u>SOWFI</u>71206610 Roos, koalas, possums, birds. <u>Adelaide H</u>ills Kangaroo Rescue 0415115836 Kangaroos. <u>Bat Rescue</u> 0475132093 Bats and Flying Foxes.

## **NOREGRETS COMMUNITY MEET & GREET PREPARING FOR THE BUSHFIRE SEASON 4 DEC - 2-4PM** CHERRY GARDENS IRONBANK REC GRD

Come along and get up to date information on what you can do to prepare, what could happen, who to ask for more information, etc

## CFS & RED CROSS ANIMAL RESCUE EMERGENCY SERVICES STAY AFTER FOR A XMAS BBQ & SANTA



#### STAY AFTER FOR A XMAS BBQ & SANTA WILL BE VISITING

#### **CHERRY GARDENS GARDEN CLUB**

Meetings are held in the Cherry Gardens Uniting Church meeting room at 7.30pm on the second Monday from February to November

President - Darryl Parslow 0408 847 293 <u>djparslow@bigpond.com</u> Secretary - Jan Ball 0432550274

#### NEXT MEETING

Sunday 11th December 11am Christmas Lunch

## GEORGE'S GARDENING SUGGESTIONS FOR DECEMBER 2022

• Did you know that the tastiest tomatoes you can grow will be the ones on the bush that receive the most shade from leaves. It is not sunlight that ripens the fruit but temperature. Fruit exposed to hot sunlight become scalded, turn pale yellow and the flesh becomes hard, unattractive and tasteless. In short these tomatoes have been slowly cooked.

- Pumpkin, cucumber, squash and zucchini plants have both male and female flowers. Many plants in the early stages of growth have only male flowers. It is the female flowers that produce the fruit. You can encourage the plants to produce female flowers by pinching off the growing tips of the runners which will encourage side shoots with more female flowers.
- Mulch around all vegies to conserve moisture.
- Shade plants if a heatwave is forecast.
- Apply fertiliser to the whole garden including roses, citrus, and lawns to keep plants in optimal health during the heat. Water well after fertilising
- Inspect garages, tool sheds, tree hollows and disused burrows for European wasp nests.
- Sow sweet corn in blocks at least 4 rows wide.
- Brighten up your garden, or entertaining area with a few pots of colour, liquid feed, and move them into the shade if hot weather is forecast.

At Cherry Gardens Club Night on Monday 10<sup>th</sup> October, in the Cherry Gardens Uniting Church Hall Peter Mew a local beekeeper gave an informative talk and presentation "ABOUT BEES", on Backyard Beekeeping. Peter is a Lead Beekeeping Trainer / Assessor with "Bee Prepared". He covered the law of Beekeeping including registration, reporting and individual responsibilities also mentioning local Council bylaws and neighbour interaction.

Vitally, for all of us and Cherry Chatter readers, he covered **bee safety**, because when we know how to behave correctly around them, bees need not be dangerous. For example – wearing hairspray near a beehive is likely to increase the risk of them reacting.

**Types of bees**: (Races) eg Ligurian who are the mildest and most sought after race, Italian, Carniolan, and Caucasion

**Castes:** *Queens,* Only one queen lives in the hive and is the only bee in the hive to lay eggs in the cells prepared by the worker bees,

*Drones*, the only male and larger bees hanging around hives in spring and summer, but regularly leaving to find Drone Congregation Areas (DCA's) in the hope of being part of a mating flight. They don't live in the hive, dying soon after fertilising a Queen in the (DCA),

*Worker bees,* which we see in our gardens, gathering nectar and in the process fertilising our flowers, fruit and vegetables. This process is vital to our food production.

We heard the requirements for starting up a hive, life cycles and maintenance of hives, a short concluding explanation of bee pests and diseases and some information on honey extraction. Some interesting questions were asked and answered.

**For more information**: Bee Prepared Training & Development offers programs aimed at building skills and capabilities in the apiary industry. <u>https://www.beeprepared.edu.au</u>

At our meeting we decided the date - 16<sup>th</sup> October for planting a Crab Apple tree "Malus ioensis 'Plena'" in honour of the remarkable 70 year reign of Queen Elizabeth, in the churchyard, as part of The Queen's Green Canopy Initiative – "Trebilee".

Our member contributions for supper were as delicious and tempting as ever and the plant auction a great opportunity to buy a variety of home grown plants at amazingly low prices.



This winter has provided a record amount of rainfall which has made golfing over the past few months tough! However, we have managed to keep the course open, although at times it has been a very close call.

Our Melbourne Cup Lunch was extremely successful and enjoyed by many. The room looked a picture with pink/green and silver balloons. There was great excitement when the greens turned white with hail, and many of the punters rushed outside onto the balcony with phones to record the event. Despite the weather, a great day was had by all.



Hail on the green

The club now has a thriving junior section with 42 members enjoying golf and making new friends.

On 6<sup>th</sup> November Blackwood hosted the MyGolf Junior League. Blackwood enjoyed a win against Victor Harbor. On 17 January 2023, the club will be holding a MyGolf Clinic. This is a perfect introduction to the game and is designed for 7 – 17 year olds – the perfect activity for the long school holidays. Our Club professional Matt Dent, (who has just celebrated 20 years teaching at the club) will conduct the session. It's lots of fun and equipment and lunch is provided. If you have a family member or friend who you think may enjoy the day, register at <u>www.golf.org.au/mygolf</u>.

MyGolf is Australia's National Junior Golf Program.

Wishing all our Cherry Garden neighbours a very Merry Christmas and a Happy New Year.

#### OVER THE STABLE DOOR with Hamish



Greetings Fellow Equines and Horse Owners!

By now I hope the inclement rainy days are past us and we can all be enjoying some sunshine. This month I would like to talk about safety, both on and around horses. Now most of

you would be aware that horses can be unpredictable and move VERY quickly, so safety on the ground and under saddle is important. Working with horses is generally considered to be the highest risk activity that humans engage in. This includes owners, friends, general public and especially our veterinarians.

Keeping safe around horses can be maximised by understanding how a horse learns and why he reacts the way he does.

Let's start with simply approaching the horse. Speaking first as you approach will alert him to your presence (he may be dozing). Keeping arms close to your sides and not waving them around (waving them around can be seen as threatening to a horse). If you are planning on catching him, then make sure the halter is ready to be placed on. Approach from a 3/4 angle, place the rope over his neck in case he decides to move away, then secure your halter. A timely wither scratch at this point will help to make him feel relaxed and comfortable with you (don't be in a hurry!). When you are ready to walk off, make sure you are standing to his side and somewhere between his head and shoulder. Your hand should be about 15cm from the halter clip. This length enables you to have control should he take fright and leap forward. Any longer than this and he has the opportunity to move too many steps and too fast. The rest of the lead rope should be held in your left hand, with the hand around the rope, not the rope around the hand. Never walk with a long lead rope in front of the horse as you cannot see what is behind you and you run the risk of being run over. Surprisingly this is quite common! When about to lead off, signal with a little forward tug of your lead (without moving your own feet first) to check that he is responsive to your pressure. Once he is walking, he should be in 'self carriage'. This means that he walks at your speed without you having to either tug or be tugged. If you have two horses to lead, don't be lazy, make extra time to lead one at a time. Leading two is extremely dangerous. Should one spook, the other one invariably will too. They leap forward and the handler is thrown backward, landing head first on the ground. My owner knows of two people who were clinically dead under these circumstances. They did survive, but there were ongoing effects.

By now you will have reached your tying up place. Tie up with a quick release knot to some binder twine or similar. The length of rope should not be longer than the length of your horse's head. This is so the horse can't get his front feet over the rope or his head under it. Many horses can panic if their legs are caught in the rope or if the rope creates pressure over their head. Many of you may say, well my horse doesn't panic, and that's great, but some horses will, so in the interests of safety, keep to safe practices to keep risks to a minimum.

What do you do next? Of course it is the feet! Picking up the feet enables the handler to check each hoof to clean out, but also check the temperature of the hoof. Ideally they should be cool to touch. Face towards the back of the horse when picking up the feet. Always keep a hand on the horse as you move around him. This way you are able to feel when he is about to move and he also knows where you are too. When passing behind, keep a hand on his rump and pass very close. This way if he were to kick, injury would be minimal as he couldn't get enough force into the kick to do any damage. Unlike standing half or one metre away! Or you can move well away to move from one side to the other. What is extremely dangerous to do is just duck under the front of the horse (many people do this). If the horse spooks, the first thing he will do is leap forward. If you are in the way, you are going to get injured. Again, this can be avoided by calmly moving behind with the hand on the rump.

If there are two of you working on the horse, eg. you and the vet, both of you should be on the same side at the same time. Much safer, you can both see each other and if the horse does swing around there is less chance of injury.

For convenience I have used 'he' for the horse and also assumed a right handed handler. Most handlers when picking up feet will start with the near fore and work around. The order is not really important, more the safety aspects of how it is done. Yours safely, Hamish

LETTER TO THE EDITOR

These notes respond to Emmanuelle Harrington's closing note in the November edition of Cherry Chatter (in regard to reducing your carbon footprint).

- Families vary across a very wide spectrum in their circumstance, priority focus and potential to adapt to reducing carbon footprint. i.e. - there are no 'everyman' silver bullets nor prescriptive solutions or easy answers. In the emergency services the mantra is a 'wicked problem' which tells us that when all possible solutions are horrible, choose the least worst opportunity and do what you can.

- Governments are ramping up minimum compliance obligations in many things year on year, where most impact only on future actions across society. (building standards, vehicle efficiencies, single use plastics, and so on). Only some citizens have the opportunity to reach backward and upgrade or replace older methods with either new or refurbished solutions. - Many things occurring are beyond the family or societal or national boundaries. See 'wicked problem' above. War impacts, country wide bushfire and floods all with carbon emission effect. Even the vehicles sent in to quell bushfire and save people in floods add to carbon footprint.

- So each family does what it can. Within the limits of responsibility for their family members (including associated sentient beings - companion, sporting, assistance, specialist animals and livestock and wildlife) to succour, sustenance, comfort, and longevity.

- What is left are the small actions. The willingness to use renewable systems in favour of traditional fossil based systems. To use resources to the quantity needed. To capture within the family space those resources capable of being held - rainfall, sun energy, re-use of wastewaters, feeding woodlot and food. To whatever degree capability and interest permits.

- Un-noticed opportunities exist at times in traditional past practices. Preserving excess home grown food for future use. Travelling at a slower speed where the fuel use sweet spot extends distance and time between refuelling stops. Adaptations to home which brings in more winter sun and excludes summer sun. Each resulting in living unchanged complete with less need, reliance on both energy resource and intensity of supply. Where comfort is retained even across periods of brown or black-out.

Emilis Prelgauskas

now retired, former Commissioner in the Environment Court SA

#### FRIENDS OF SCOTT CREEK CONSERVATION PARK



For those readers who aren't familiar with the bird banding project that the Friends group runs, here is a bit of background and some data that has shown some worrying trends since the fire in January last year.

Our project officially commenced in Scott Creek Conservation Park in 1993, and is run as a project under the approval the Australian Bird and Bat Banding Scheme (ABBBS). It is run under the supervision of an A Class bird bander, in our case Jim Spiker, and those who participate in the actual removal of birds from our mist nets and placing the bands on their legs, together with the measuring and weighing of the birds, must also either have or be in the process of attaining their bander permits.

The project is also required to be approved by the SA Wildlife Ethics Committee, to ensure the health and wellbeing of the birds receive the upmost attention.

Since the January 2021 fire, which burnt the 500 hectare eastern side of the park, we have continued to run our bird banding sessions to help inform us about what has been happening to the birds. Numbers of birds netted and banded remain lower than the totals pre-fire, but things are slowly picking up.

The safe habitat for small birds is gradually returning, but the honeyeaters, which are notable by their absence, clearly have not yet found the food they need. The main missing component here seems to be the lack of flowering gums, which are still struggling to recover their canopies and are not yet ready to produce flowers and nectar. It may well be at least another year before this happens. There are also less insects, which can make up a large part of the honeyeaters' food resources.

During winter we only captured 5 honeyeaters and 9 at this time last year. Before the fire, in 2020, for the same season we captured 61 – it was a great year for New Holland Honeyeaters.

The birds which are around are increasingly the longterm residents, with 23% of the birds in our nets being recaptures, that is, birds that we have previously caught and banded. We had one old-timer Striated Thornbill at 9+ years and a New Holland Honeyeater at Gurr Road at 6+ years. Both birds obviously found refuge during the 2021 fire.

Hopefully the bird numbers will continue to return, but, either way, the data from our long-term bird banding project is very important. All are welcome to come along to our bird banding activities, to chat, see what is involved, and get the chance to see the birds up close.

Anyone wanting to learn more about what we do and how you can help us with our restoration work, or simply wanting more information about the Friends of Scott Creek CP, contact can 115 on info@friendsofscottcreekcp.org.au or visit our website www.friendsofscottcreekcp.org.au. You can also follow Facebook us on our page www.facebook.com/friendsofscottcreekcp where you will find up to date information about our activities, including photos of the park's diverse flora and fauna. December

Sat, Sun3, 4		Bird banding
Tue	6	Bushcare
Sun	11	Bushcare
Sat, Su	ın17, 18	Bird banding
Sat	24	Bushcare



Jim removing a bird from a mist net watched by Betty & Maree



A beautiful male Superb Fairy-Wren in full colour display.

#### CRICKET CLUB NEWS

Well it's apparently cricket season, not that the weather would make you think that! It's been a struggle to get games onto dry ovals and so the season has been a little messy so far but all teams have had winning starts and looking forward to sunnier games ahead.

In October, our A Grade played 3 games; with all being nail biters, including a 1 run win over Bridgewater. Our Juniors are flying along, with the Under 12's and 14's winning in some dominant displays while our combined U16s team have snuck a couple of wins with timely contributions from the SCIB boys. There's still time to come out for a game or even just join us at training to see what it's all about. Thursdays at 4pm at the Oval – or hit up our website for contact details.

Excitingly, our Online Shop is up and running, with some great merchandise available. Even if you just want to purchase a Beanie for those cold Adelaide Hills winters, it all supports our club to achieve its goals. We'd love to take this opportunity to thank all our sponsors who have got on board again this year, NoarPack, Plumbing & Pipeline Solutions, Mortgage Choice Adelaide Hills and Intersport Blackwood.

A little BONUS for readers of the Chatter, if you download 'The Pass' app onto your phone and enter SCIBCC into the Promo Code section, you'll become a supporter of the cricket club which means \$10 CREDIT on the App and 10% OFF all spend at the Duck Inn (not including the bottle'o). Best part of this is the club also gets 10%. It's a great deal for everyone, so head down the hill and enjoy a meal at the Duck Inn.

For more info on any of the above, head to our website or Facebook – <u>www.SCIBcricket.com.au</u>

#### **CHERRY CHURCH**



Cherry Gardens Uniting Church 87 Hicks Hills Road, Cherry Gardens Services held on Sundays at 9.30am – all are welcome

I am often reminded that we do funny things with our calendar.

One day back in July, as I had the radio on in the background, I noticed that they were playing Christmas carols – not just one, but many during the morning. I realised that the date was the 25<sup>th</sup> of July. That radio station was acknowledging 'Christmas in July'. I don't have a problem with 'Christmas in July'. Some people who used to get together with friends once a year at Christmas now have an excuse to get together twice a year. And that's good. But my question is: why do we celebrate Christmas in *July*? Surely June is half-way between December and December. Why don't we celebrate 'Christmas in *June*'?

And then there is the question of the dates when our seasons begin. In Australia, seasons begin on the 1<sup>st</sup> of the month: summer begins on the 1<sup>st</sup> of December, and so on. However, in some countries, France for instance, seasons begin on about the 22<sup>nd</sup> of the month. They begin their seasons on the dates of the equinox and the solstice. So in these countries, the season of winter officially begins on the winter solstice. In 2022, winter will begin on the 21<sup>st</sup> of December. Spring in 2023 will begin on the 20<sup>th</sup> of March, the March equinox, and so on. Why is our calendar different? (or why is *theirs* different?!?) Why can't our calendars agree? We do funny things with our calendar.

In the northern hemisphere, from the winter solstice onwards 'the days get longer', the amount of daylight each day increases. I will not go into the long history of which cultures first had what sort of celebrations in late December. But it is no coincidence that Christians have chosen to celebrate Christmas on the 25<sup>th</sup> of December. How appropriate it is that on the date (approximately) after which daylight will increase, Christians celebrate the coming of Jesus, 'the light of the world'. Through his life and death, Jesus offers to all people light in the midst of darkness, light instead of darkness. Jesus announces God's gifts of love, peace and hope, for this life and for the life to come.

As you celebrate Christmas this year, take time to remember Jesus. Celebrate his birth, and rejoice in his gifts of love, peace and hope to you. We wish you and your loved ones a blessed Christmas! As we look forward to celebrating Christmas, the members of the Cherry Gardens Uniting Church invite you to the following events:



Carols in the Cherry Gardens Community Hall Wednesday, December 21<sup>st</sup>, from 7.00 pm. A children-friendly opportunity to sing Christmas carols, followed by 'supper'. Free entry.

Christmas Day Worship Service Cherry Gardens Uniting Church, 87 Hicks Hill Road, 9.30 am.

#### HAPPY BIRTHDAY

DECEMBER				
Catherine Macks	Zoe Edwards			
Lexie Edwards	Ann Grear			
Sarah Linn	Karli Vickerman			
Sahara Smith	Nikhili Smith			
Andrew Whiteford	Holley Tootell			
Sophie Monahan	Scott Treloar			
Cathy Weir	Darryl Spencer			
Daryl Brooks				
A A ASSA LUNARS	1981 A Start Long			

#### PLEASE CONSIDER ADVERTISING YOUR BUSINESS IN THE CHERRY CHATTER.

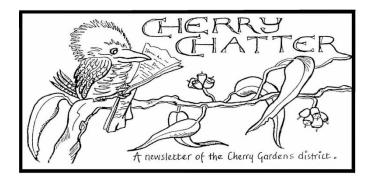
Pricing as follows for one year (11 editions)

)
)
)
)

We would like to thank all of our advertisers because without you, the Cherry Chatter newsletter would cease to exist.

Advertising pays for our printing, and allows us, as a Community Association, to donate to the various groups within our community.

#### A REQUEST FOR INFORMATION



Dear Cherry Gardens residents.

We're hoping you can help us out with a request for copies of the old paper Cherry Chatter newsletters from the years 1999, 2000 and 2001.

We only have digital copies from 2003 onwards, and some information is desired for the Garden Club guest speakers and events from those old copies.

If you do have any copies, would you please email us at cherrychatternews@gmail.com and we can organise to get them picked up, scanned, then returned to you asap.

Thanking you in anticipation.

# **Onkaparinga Now**



## **Meet your new elected members**

The votes are in-get to know City of Onkaparinga's new Council for the next four years.

The votes have been counted and the results are in: here are your City of Onkaparinga elected members for the next four years.

Officially sworn in on Tuesday 22 November, the new Council comprises Mayor Moira Were and 12 ward councillors—two for each of Onkaparinga's six geographical zones (wards).

The incoming councillors are Geoff Eaton and Marion Themeliotis (Thalassa Ward), Dan Platten and Gretel Wilkes (Mid Coast), Michael Fisher and Kevin Rilett (Pimpala), Marisa Bell and Jordan Pritchard (Southern Vales), Heidi Greaves and Colt Stafford (Knox), and Paul Yeomans and Lauren Jew (South Coast).

There are 10 new elected members, with three (Geoff, Marion and Heidi) re-elected from the immediate past-Council. You can find out which councillors represent you and your ward by visiting council's website, where you can see the ward maps or type your address into an interactive map, and find contact details for each elected member.

City of Onkaparinga Acting CEO Julia Grant thanked the community for making its voice heard.

"It's never too late to drive change in your community, whether you voted in the Council election or not," she said.

"It's often said councils are the level of government closest to the community, and your elected members are always happy to meet in person or chat on the phone to hear about the local issues that matter to you.

"Your new Council represents you, and your elected members are ready to listen and advocate on your behalf towards the future Onkaparinga we all want."

Starting in February 2023, Onkaparinga Now will publish a series of online interviews to help you to better get to know your new elected members and what they're passionate about, as well as ways you can get involved.

In the meantime, the Electoral Commission South Australia website contains short bios provided by each of the new elected members.

Council meetings are held at the Council Chamber in the City of Onkaparinga's Civic Centre at Ramsay Place, Noarlunga Centre once a month on a Tuesday, starting at 6.30pm, and they're open to the public. The 2023 meeting schedule was still to be confirmed at the time of printing.

#### city of onkaparinga Christmas operating hours

Our services and availability will be temporarily affected from Friday 23 December to Tuesday 3 January.

For more details visit onkaparingacity.com/Christmas



## REX CAN'T READ YOUR MIND...

COMMUNITY SURVEY ONLINE NOW

SHARE YOUR THOUGHTS ABOUT LIFE IN ONKAPARINGA



YOUR SAY onkaparingacity.com/yoursay

#### Make Christmas special for children living in our city by donating to the

## onkaparinga **Christmas Tree**

Gifts for children up to the age of 18 can be placed under trees at four locations:

- Noarlunga Council Office
- Woodcroft Community Centre
- Aldinga Library
- Aberfoyle Hub Library

You can donate your gifts from Monday 21 November until Friday 9 December.

8384 0666 | onkaparingacity.com/christmas



#### TJS TWILIGHT MARKETS 4 NOV - 24 MAR

Rotary Park, Christies Beach Fortnightly on Fridays 5–9pm. Lively outdoor market, kid's amusements, food and entertainment.

#### SandBAR

1 DEC - 26 FEB

The Esplanade, Christies Beach Thursdays to Sundays from 12 noon (extra trading between Christmas and New Year). Outdoor eats and bar with live music.

#### NO BAD DAYS 2 DEC - 26 FEB

Nashwauk Reserve, Moana Fridays from 4pm, weekends from 12 noon (extra trading 20 Dec - 29 Jan). Pop-up bar, local food trucks, live music, lawn games and artisan markets.

#### TIPI LANE SUMMER SERIES

DEC – FEB

McLaren Vale and Fleurieu Coast Visitor Centre Giant Tipi Gin Bar showcasing local drops, a series of wellness, family and community activities (various dates).

#### SUMMER IN THE SQUARE 3 DEC – 26 FEB

Willunga Town Square Summer program of Friday twilight activities, vibrant Saturday morning markets, and serene Sundays in the leafy heart of Willunga.

#### **CABANA CLUB**

16 DEC - 29 JAN

The Promenade, Port Noarlunga Daily from 11 am. Licenced outdoor bar, eatery and live entertainment with Portuguese vibes.

#### PIZZATECA BEACH 16 DEC - 29 JAN

Norman Road, Aldinga Beach Daily 4 - 11 pm. Licenced seaside pizzeria offering ice cold drinks and refreshing gelato.





mclarenvaleandfleurieucoast.com.au/encore



Visit onkaparinganow.com for new articles added weekly and subscribe for monthly updates delivered to your inbox.

#### SNAKE BITES IN AUSTRALIA

That bite of summer has well and truly come early this year and with that heat, comes snakes. 3000 bites are reported annually. 300-500 hospitalisations 2-3 deaths annually.

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.

While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season.

#### Let's start with a Basic overview:

There are five genus of snakes that will harm us (seriously)

Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom cannot be absorbed into the blood stream from the bite site.

It travels in a fluid transport system in your body called the lymphatic system (not the blood stream). Now this fluid (lymph) is moved differently to blood.

Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc.

Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks) which are connected to veins at the base of the neck. Back to the snake bite site.

When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move.

Stay still!!

Remember people are not bitten into their blood stream.

In the 1980s a technique called Pressure immobilisation bandaging was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream. A firm roll bandage is applied directly over the bite site (don't wash the area).

#### **Technique:**

Three steps: keep them still *Step 1* Apply a bandage over the bite site, to an area about 10cm above and below the bite. *Step 2*:

Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the armpit/groin.

The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white. About the tension of a sprain bandage.

Step 3:

Splint the limb so the patient can't walk or bend the limb. *DO NOTS:* 

Do not cut, incise or suck the venom. Do not EVER use a tourniquet Don't remove the shirt or pants - just bandage over the top of clothing. Remember movement (like wriggling out of a shirt or pants) causes venom movement. DO NOT try to catch, kill or identify the snake!!!

#### This is important.

In hospital we NO LONGER NEED to know the type of snake; it doesn't change treatment. 5 years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used.

BUT NOW... we don't do this. Our new Antivenom neutralises the venoms of all the 5 listed snake genus, so it doesn't matter what snake bit the patient.

Read that again - one injection for all snakes!

Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.

Australian snakes tend to have 3 main effects in differing degrees.

Bleeding - internally and bruising.

Muscles paralysed causing difficulty talking, moving & breathing.

Pain

In some snakes severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Allergy to snakes is rarer than winning lotto twice.

Final tips: not all bitten people are envenomated and only those starting to show symptoms above are given antivenom.

#### Did I mention to STAY STILL.

#### A note from Editor:

Always carry your mobile phone with you whenever you are outside the home.

Always carry a roll of Vetwrap when working outside alone. It saved a friend of mine from the serious consequences of a brown snake bite.

Phone 000 immediately if you suspect you are bitten, and if possible phone a friend for support. Always wear long pants, gloves and boots when working outside in areas you suspect might contain snakes.

Stomp loudly when moving through long grass.



## AQUARIUS WINDOW CLEANING

- SHOPS
- OFFICES
- HOMES

#### LOCAL & RELIABLE

Phone GARY on: 0438 693 104 or 8270-6038

#### FRITH AUTOMOTIVE

#### For all your Tyre & Battery needs

Contact Peter Frith Phone (08) 8388-2263 Mobile 0429 690 726

#### frithautomotive@bigpond.com

443 Frith Road Corner of Mahar and Frith Roads CHERRY GARDENS SA

## **SUMMIT GLASS**

#### Contact Gavin on 0418 842 879

Cherry Gardens Road Cherry Gardens Specialist in all your glazing needs:



Contact: Megan Kuchel Ph: 0418 807 703 fourseasonsyoga@outlook.com.au www.fourseasonsyoga.com.au 62 Edialta Road, Cherry Gardens

Four Seasons

Yoga

For Every Body, For Every Season

Group Classes Private Lessons

Sports Clubs Schools Corporate

**First Lesson Free** 

### www.summitglass.com.au

Frameless or Semi-Framed Showerscreens



Broken Glass Replacement

Your Local Massage Therapist

•Glass Splashbacks

## LAWRENCE MUZZATTI

(MEMBER ATMS, BAA, BTAA)

For Therapeutic Massage, Remedial Massage, Shiatsu, Bowen Technique

> Rebates for most Health Funds Gift Vouchers available

Telephone 8270-1206 Mobile 0408 011 206

## Hissey Auto's SERVICE AND REPAIRS

- Cherry Gardens and surrounding suburbs
- Most makes and models
- Passenger vehicles, 4WD & Light Commercial
- 30 years experience
- · Low cost hourly rate
- All work Guaranteed
- Flexible before and after hours drop off and pick up times (by arrangement)

Call Michael

8388 2550 or 0417 827 428

ABN 59 957 166 085



## **Rebekha Sharkie MP** Federal Member for Mayo

**Doing politics** 

differently!

Authorised by R Sharkie, 1/72 Gawler Street, Mount Barker SA 5251

#### Proudly supporting the Cherry Gardens community

We are here to help!

08 8398 5566

1/72 Gawler Street Mount Barker SA 5251

## www.rebekhasharkie.com.au

Rebekha.Sharkie.MP@aph.gov.au



Phone: (08) 8326-5333 www.delcoremovals.com.au

> 9 Hull Court Lonsdale SA 5160 Email: <u>delco@bigpond.net.au</u>

Treetops

Bookkeeping and BAS Services

- Local Moves
- Country Moves Weekly Service to Melbourne, Sydney, Newcastle & Brisbane
- Office Moves
- Storage with our Unique Module System
- Piano & Antique Relocations
- Pre Packing Service
- Packing Supplies
- Hourly Rate or Fixed
  Quotes

### Contact Naomi on 0411 039 200

Cherry Gardens Road, Cherry Gardens

- Certified in Xero and MYOB
- General bookkeeping
- BAS Preparation and Lodgement

naomi@treetopsbbs.com.au





Your Local Plumber



0419 807 611







Adelaide Hills Harvest would like to introduce their high-quality Extra Virgin Cold Pressed Olive Oils. All ingredients are locally grown, produced and sourced with no artificial colouring or preservatives used.

Our olive oil is produced from a single source of olives from one property in the Adelaide region, we do not blend olives of different regions, varieties or quality for production efficiencies. We only produce a limited quantity annually, in order to deliver the highest quality possible.

Adelaide Hills Harvest Produce is

- 100% natural
- Preservatives free
- No artificial additives and colours
- Made from organic ingredients
- · Family-owned business made in Adelaide Hills
- FREE from parabens, sulphates, propylene, glycol, artificial colours and fragrances.

Contact us via phone or email to discuss further. We look forward to working with you.

Adelaide Hills Harvest www.adelaidehillsharvest.com.au Phone: (08) 8431 2665 Mobile: 0439 890 571 Email: bessy@adelaidehillsharvest.com.au



#### **CARBY CARBIOLOGY**

Chris McGrath—Carburetor Specialist Over 45 years in carburettor rebuilds Mobile: 0410 902 811 chrissmcgrath04@gmail.com



Specialising in Autolite, Carter, Holley, Nikki, Stromberg & Weber

ABN 96 161 730 170

### Lighting | Draping | Theming

Fairy lights, Chandeliers, Drapes, Pendant Lights, Festoon, Up Lighting Custom Features & Much More

Weddings, Corporate Events, Graduations, Formals & Functions

## Senue productions





TANDEM TIPPER HIRE



SKID STEER LOADER



EXCAVATOR

TRACKLOADER

GENERAL EARTHMOVING AND EXCAVATION STILL AVAILABLE FOR WORK IN THE CHERRY GARDENS AREA

\* House sites \* Horse Arenas \* Driveways \* Tennis Courts \* Tank and Shed Sites \* Fire Tracks \* Surplus Filling Removed

Neil Schubert - 8383-7387 or 0413 280 513

Lic. No. SR41157



Increase Your Profit With Our Three Step Marketing Plan 0447 312 218 | valerie@timmsrealestate.com.au



Commercial - Domestic - Events - Hospitality – Rural *Plumbing - Gas Fitting - Roofing & Guttering* 

Commercial Fit Out \* Complete Bathroom Renovations \* Drain Cleaning (electric & jetting) \* Hot Water \* Programmed Maintenance \* Pumps Rain & Mains Water Replacement & Repairs \* Septic & Sewer Replacement

Call BrettM: 0438 314 122(24hrs/7days)Cherry Gardens Road, Cherry Gardens.BLD 211915 / PGE 7292



Tax Returns - GST - Accounting -SMSF

Steve Sherrah Chartered Accountant

P 0419 854 982 E steve@mobileaccountant.net.au www.mobileaccountant.net.au

PO Box 452 Blackwood SA 5051 Valerie Timms

**David J O'Ryan** Painting & Decorating



Interior / Exterior Painting

Paper Hanging & Stripping

Free quotes anytime

No job too big or small Phone 8278-4364 Mobile 0415 347 329

djopainting@hotmail.com

Lic No BLD201369



PHONE SCOTT on 8270 – 8270

BLD232706



## Welcomes Visitors

**Open Daily for Lunch 12-2.00pm** 

**Friday Night Dine and Wine** 

30 December 2022/27 January & 24 February 2023

Dinner from 5.30pm

Booking recommended 08 8388 2313

www.blackwoodgolf.com.au

Merry Christmas to all our Neighbours

**.ACKWOOD** 

Core & More

Cherry Gardens, Ironbank and Upper Sturt

**Small Classes with Expert Tuition** 



Transform the way you move, feel, and look.

Stay Fit - Stay Strong - Stay Local Mobile: 0417 171 568 melanie@coreandmore.com.au

## Jo Palfreyman Hairdressing

Now working from Tailored Hair Design Waite Street, Blackwood

Phone: 0401 865 949



TYREPOWER BLACKWOOD

'Proudly servicing the Cherry Gardens Area'

t: (08) 8370 2195 205 Main Road f: (08) 8370 2954 Blackwood, SA 5051 t: blackwood@tyrepower.com.au w: www.tyrepowerblackwood.com.au



**Peter Alexandrou** Property Consultant 0412 833 501 petera@harrisre.com.au



**Kristy Dundon** Property Consultant 0422 645 867 kristyd@harrisre.com.au



Matthew Tuck Property Consultant 0402 994 677 matthewt@harrisre.com.au



Sarah Stewart Property Consultant 0433 594 235 sarahs@harrisre.com.au

Visit us today at 208 Main Road, Blackwood

#### HARRIS

RLA 226409 harrisre.com.au

