



*Christmas
Greetings*
from a bunch of
GOOD AUSTRALIANS

The Cherry Chatter Crew

Incorporated by the Cherry Gardens Community Association Inc.



Please 'Like' us on Facebook

<https://www.facebook.com/92CherryChatter>

Articles for Cherry Chatter must to be received by email to email address cherry chatter@yahoo.com by 5th of each month – without exception.

PLEASE TAKE NOTE

Opinions and articles printed in the Cherry Chatter are not necessarily shared by the members of the Cherry Chatter Committee.

NOTE – The Cherry Chatter Committee will not approve any controversial article for publishing unless the name and address of the author is supplied.

CHERRY GARDENS RAINFALL REPORT OCTOBER 2020

Rainfall for October 2020	95.6 mm
Rainfall for October 2019	44.0
Average rainfall for October	72.3
Rainfall to the end of October 2020	937.6
Rainfall to the end of October 2019	701.8
Average rainfall to the end of October	830.5
Number days of rain for October 2020	13
Number days of rain for October 2019	9

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 JP Services are available Mon–Fri 9-5

JP's work at no charge, so please CALL FIRST to book an appointment.

HALL NEWS

Why not "Like Us" on Facebook to keep up to date with coming events www.facebook.com/cherrygardens/

CHERRY GARDENS

MEMORIAL HALL FOR HIRE

Available for hire for all functions, meetings & social occasions
 Very reasonable rates
 For bookings and more information phone 0414 824 110
 Full kitchen facilities available



I am very pleased to let you know that we now have full development approval for the construction of a new storage area at the rear of the hall.

Previously we only had a small area for storage at the side of the stage (3 metres x 3.5 metres) and another area that had been added some years ago. The added area was difficult to access, and leaked during rainy times. The added area has been removed, the storage area to the side of the stage will remain, with a door through to the new extension. The new area will also have an access door to the kitchen, and will be 5 metres by 8.2 metres, giving us an extra 41 square metres of storage space.

We need to store function tables, table tennis tables, barbeques, the floor scrubber, the vacuum cleaner, A-frames and other items. In addition the Laughing Llamas, the dance group, also has equipment which must now be stored. At present they are having to store items in the kitchen.

It is hoped we will commence construction as soon as possible. Peter Tree, a local identity and member of the Cherry Gardens CFS, has offered his services, and our committee members will provide whatever assistance he requires.

With our recently erected front fence it has been gratifying for the committee to be able to make major improvements to our Hall. Both these projects were made possible through grants from the Onkaparinga Council, and we extend our great appreciation for their assistance.

Laughing Lama Dance and Drama

This group is holding classes at the Hall, and they are going well. Check our Facebook page for more information.



Now available for birthday parties!



WEDNESDAYS:
Little Llamas Ballet:
20 months - 3.5 yrs 9:40am - 10:25am
3 - 5 yrs 10:30am - 11:30am

FRIDAYS:
Little Llamas Creative Lab (Dance/Drama) 3 - 5 yrs 3:45 - 4:45pm

laughingllamadd www.laughingllamadanceanddrama.com.au

CHERRY GARDENS CFS

We train every Monday night for those who may be interested in what we do.



After a year unlike any other, it is great to arrive at December with all the activity and time with family and friends that normally occur. As a brigade this year we were able to adapt and change as COVID forced different ways of doing things. Through all these challenges we were able to stay fully operational and assist where needed, which is a great reflection on the larger CFS leadership and members of the brigade.

Last Christmas saw us very busy with the Cudlee Creek fires (we had crews working that incident on Christmas day) and then closely followed by the substantial fire on Kangaroo Island. Many weeks of deployments were carried out by Cherry Gardens members throughout January 2020 and it was an experience many will never forget. Following on from that, the year settled down to be relatively normal with no major incidents in our area which is a great result. The Operational Support team has had a busy year as always, supporting the communications for the larger Sturt Group. This dedicated team is involved in perhaps three times the call outs of the firefighters and their work is vital. The entire brigade has trained hard this year with many members completing new training and developing skills to better assist in emergencies – we will be set up well for 2021.

As we are now in summer please continue to clean up around houses and make sure your property has

adequate space for the appliances to access. To enable an appliance to enter a property we need 3.5 meters wide x 3.5 meters high clearance. Fences can be cut, and we do carry chain saws but anything that slows a crew down obviously uses valuable time. For those staying and defending one item we often notice is homeowners lack of suitable protective clothing. You will need sturdy boots, cotton trousers/long sleeve shirts and head protection. We are often asked if it is hot firefighting in all our protective gear and the answer is “yes” – but better that than shorts/thongs and other inadequate clothing often seen on the fireground. Please factor this into your plans as it is an important part of being prepared.

Thank you for all the support this year, Cherry Gardens is a great community. Special thanks go to the Cherry Chatter who have helped with upgrading equipment and all those who donate cans and bottles. The recycle really makes a difference – we have been able to fund chainsaw equipment, extra lighting and station improvements with this money.

Our 2020 Brigade photo was taken last month (acknowledgment to Tom Gonda) so that is a fine way to end the year – Merry Christmas from all of us and hope everyone has a happy and safe Christmas.



CFS Region 1 Air Operations Brigade

Your Air Operations Brigade had another Sunday morning brushing up on our training in readiness for the approaching fire season. In late November we will hold our annual official training so it is likely you will have heard the aircraft buzzing around after we filled them as part of the training.

Just this week only a few days after announcing the start to the fire season being December 1st the thunder storm went across the state and started quite a few fires across the Eyre and Yorke Peninsulas as a timely reminder that we are not far away from our fire season. A number of the Aircraft were used to quickly bring these fires under control.

If you have not thought about this yet, then please stop and get your Bushfire Safety Plan prepared and clean up around your place. You can follow this link to do a 5-minute plan.

<https://www.cfs.sa.gov.au/prepare-for-a-fire/5-minute-bushfire-plan/>

Anyway, we all hope for a quiet season as none of us want a repeat of last summer. Please do your bit by cleaning up around your place and have a Bushfire Plan that everyone in your house knows and understands. If you don't have the equipment and ability to stay and fight, then get out early!

Finally, a reminder again that we are looking for any information that anyone might have on the early days of the Cherry Gardens Air Strip.

CHERRY GARDENS GARDEN CLUB

Contact Ray Wise – President 0405 273 003 83836011

The Cherry Gardens Garden Club will not meet again until Monday February 8th, the venue is yet to be decided.

GEORGE'S GARDENING SUGGESTIONS FOR DECEMBER

Anything planted at this time of the year will need a great deal of attention. Most of us want to enjoy the festive season and holidays and not have to worry about new plants, rather enjoy what we have established already.

The main task for gardeners at this time of the year is to ensure all plants, shrubs and trees receive a deep watering at least once a week. A light sprinkle is certainly not going to sustain a plant for long! If we are lucky enough to have a decent rain forecast that would be a great time to spread fertilizer on lawns and garden beds.

Do not cut lawns short at this time of the year – raise the blades 10 to 15mm higher than usual.

Most gardeners will be looking at tomatoes developing on their plants at this time, and hoping to pick some delicious flavoured fruit before Christmas. Ensure the taller varieties are staked and leaves and fruit are not touching the ground, avoid overhead watering and provide shade on those really hot days.

Roses have given everyone a wonderful Spring show this year, so reward them with some pelletised organic rose food and water it in really well, remove all spent flowers and look forward to an Autumn flush.

Daisy bushes can look a bit scrappy at this time of the year so give them a good haircut to encourage some

vigour.

Strawberries should be fruiting well so keep picking ALL of the ripe fruit, even the small and half eaten ones (feed them to the chooks) and remove all of those pesky runners, to encourage continued cropping. If your patch is old and you wish to establish another patch then allow a few runners to develop for next year.

Stone fruit trees will need to be netted before the birds or possums get a taste of the fruit. Cherry slug can be a problem on cherries and pears, a dusting of wood ash will help rid the tree of the problem.

OVER THE STABLE DOOR with Hamish



Greetings Fellow Equines and Horse Owners!

More rain and more sunshine! Grass growing like crazy! Looking like a good snake season too, they have been out and about already.

Horses tend not to do so well with snake bites, often because by the time they are found, it is too late. If your horse has access to a dam, make sure any undergrowth is well cleared, or restrict access altogether. Any long grass around sheds and fence lines should be kept to a minimum and any piles of timber and such kept away from horse areas. All these precautions are also good summer practice for reducing fire hazards too, so they serve a double purpose.

Speaking of which, make sure you have your fire plan in place and be really clear about whether to stay or leave. The CFS often conducts some excellent talks regarding how to plan ahead to keep yourself, your animals and your property safe. If you already have a plan, get it out and check to see if any changes need to be made or added. Keep it in a visible place in the house where the whole family can see it and better still, have a copy in the stable/shed area. It's a good idea too to have a practice run to see how long it takes to get everything in order.

With horses, don't leave rugs or halters on and keep manes and tails well trimmed as they are quite flammable. You can also paint identification onto your horse's rumps in case you have to let them loose. Also keep a written record of your horse's identification, including any extra details which are pertinent to that particular animal. It is a good idea to have your vet's contact details and even a second vet in case it is a particularly catastrophic day. If you plan to leave, you need to have floating organised and a place to go, along

with all the items that your horse will need, such as food, clothing, medical accessories etc. Have a written list to ensure nothing vital gets missed! Collaboration with neighbours can also be helpful, especially knowing who is staying and who is going. The worst case scenario may never happen, but at least if you are prepared you will not only be more efficient (and safer), but calmer too, because you have a procedure to follow. My owners have decided to stay and have a fire plan, which of course gets updated every year, as things get added or changed. We have first aid kits for humans and animals and spares of halters, lead ropes etc.

It is easy to forget, but during these months of COVID, floating horses has diminished considerably, so a bit of homework to do here, such as reviving float training just to make sure that you and your horses are not going to be stressed having to load in a hurry. Also do a float maintenance check, especially if the float lives out in the open. Things to check may include the floor, the tailgate, the electrics, brakes, rego. Always make sure that your float is cleaned out after use – feed, manure, urine etc swept out. If you have changed vehicles, check that the electrics are compatible with both units. Just a few things to remember!

There will be many more that individual owners can add according to their situation, the main thing is to be prepared!

I am still in good nick and haven't 'ballooned' yet, but my owners remain ever vigilant!

Safe riding all, observe road rules and wear safe gear.

PS, if your helmet is older than 5 years, consider replacing it and binning the old one!

HAPPY BIRTHDAY FOR DECEMBER



Minton Farm
ANIMAL RESCUE CENTRE

Phone: 8270-1169 Mobile: 0422 938 439

Website- www.mintonfarm.org

FB: <https://www.facebook.com/mintonfarmanimalrescuecentre>

CHERRY CHURCH

Cherry Gardens Church
87 Hicks Hills Road, Cherry Gardens

Services held on Sundays at 9.30am
Chairperson: Rob Lim 0407971650



Cherry Gardens Church

'For unto us a Child is born,

Unto us a Son is given;

And the government will be upon His shoulder.

And His name will be called

Wonderful, Counsellor, Mighty God,

Everlasting Father, Prince of Peace.

Of the increase of His government and peace

There will be no end'

Isaiah 9:6-7 NKJV

It's nearly Christmas. What an extraordinary year – from bush fires to pandemic; international political turmoil; closed borders – life as we knew it has been turned on its head.

In the midst of disruption comes a reminder from God that He loves this world and the people He has created; He has sent his son, Jesus, to bring joy, peace, mercy and truth.

The event of Jesus's birth was about as basic as possible – a rough stable at the back of a local lodging house, thick with the odours of animals; and a young couple barely ready for parenthood. Yet, in the midst of such a lowly event came a rejoicing of angels and thanks to God.

Through the birth of Jesus our world was brought face-to-face with its Creator. By his life, actions and teachings, and through the power of the Holy Spirit He has transformed history for all time.

So we celebrate Christmas. It's good to mull over the Christmas story from the scriptures each year. It's even more important to consider how the birth of Jesus, his life, his death and resurrection impact on our lives every day of the year. It's not just a one-off event.

This year we were hoping to be able to offer two services of Lessons and Carols to the community.

NOTE: Unfortunately due to the latest COVID19 restrictions we have had to cancel the above, so our apologies to anyone in the community if you were planning to come along to the Cherry Gardens Church on Sunday 13 December and Tuesday 22 December.

There will be a service held on Christmas Day at the Church at 9.30am.

We encourage everyone to come and hear the message that has resounded through the ages and brought peace to all people.

Everyone at Cherry Gardens Church wishes the entire community a joyous, peaceful and blessed Christmas!

FRIENDS OF SCOTT CREEK CONSERVATION PARK



Anyone wanting more information about the Friends of Scott Creek CP, or wanting to get involved, can contact us on info@friendsofscottcreekcp.org.au or visit our website www.friendsofscottcreekcp.org.au. You can also follow us on our Facebook page www.facebook.com/friendsofscottcreekcp where you will find up to date information about our activities, including photos of the park's diverse flora and fauna.

RECIPE CORNER

MUSSELS IN SPICY TOMATO SAUCE (BROTH) (bonappetit.com)



Ingredients

7 garlic cloves, divided
1 celery heart
1 x 3" piece ginger, scrubbed
2 Kg mussels
3 Tablespoon unsalted butter
1/2 cup mirin (sweet Japanese rice wine)
1/3 cup sambal oelek
1/4 cup plus 1 tbsp. low-sodium soy sauce
1 x 800gm can whole tomatoes
kosher salt
1/2 cup mayonnaise
1 baguette

Method

- 1/ Prep your ingredients before you start cooking: First, peel and set aside 1 garlic clove for the mayo, then peel and smash remaining 6 garlic cloves.
- 2/ Pick any leaves from 1 celery heart. Thinly slice celery heart crosswise (making little half-moons) until you have about 1 ¼ cups. Set aside ¼ cup chopped celery along with leaves for serving.
- 3/ Peel 3" piece ginger. Set aside a ½ inch nub for later, then cut remaining piece crosswise into thin slices.
- 4/ Rinse 2 Kg mussels in cold water and remove the "beard" (that thread-like piece attached to the side of the shells) by tugging firmly. If any mussels are open and don't close when tapped, discard. Drain and transfer to a large bowl.
- 5/ Heat 3Tbsp. butter in a large pot or Dutch oven over medium. Add smashed garlic, sliced ginger, and 1 cup chopped celery and cook, stirring often with a wooden spoon, until garlic is golden, 5-8 minutes.
- 6/ Add ½ cup mirin, 1/3 cup sambal oelek, and ¼ cup soy sauce and bring to a simmer. Cook, stirring once or twice, until mixture is reduced by about half, about 5 minutes.
- 7/ Add 800gm whole can tomatoes and juices to pot, breaking up tomatoes with your hands as you add them, and bring to a simmer. Season lightly with salt. Let simmer, uncovered, to allow flavours to meld, about 5 minutes.
- 8/ Add mussels to pot and stir into tomato mixture. Cover pot and cook, stirring once halfway through, until mussels are opened and fully cooked, 6-8 minutes.
- 9/ Meanwhile, finely grate reserved garlic clove and ½ inch nub ginger into a small bowl. Add ½ cup mayonnaise and remaining 1 Tbsp. soy sauce and stir to incorporate.
- 10/ Preheat griller with rack in top position. Cut baguette in half lengthwise and toast, cut sides up, directly on oven rack, until bread is golden across the surface, about 1 minute. Let cool.
- 11/ when mussels are opened, uncover and remove from heat. Ladle into shallow bowls along with tomato mixture. Top with reserved chopped celery and leaves.
- 12/ Tear bread into pieces and smear toasted sides with mayonnaise mixture. Serve with mussels for soaking up liquid.

HOMEMADE MOSQUITO TRAP

Items needed:

- 1 cup of water
- 1/4 cup of brown sugar
- 1 gram of yeast
- 1 or 2 litre bottle

HOW:

1. Cut the plastic bottle in half.
2. Mix brown sugar with hot water. Let cool. When cold, pour in the bottom half of the bottle.
3. Add the yeast. No need to mix. It creates carbon dioxide, which attracts mosquitoes.
4. Place the funnel part, upside down, into the other half of the bottle, taping them together if desired.

5. Wrap the bottle with something black, leaving the top uncovered, and place it outside in an area away from your normal gathering area. (Mosquitoes are also drawn to the color black.)

Change the solution every 2 weeks for continuous control.



DID YOU KNOW?

A bit of light reading

1. In the 1400s a law was set forth in England that a man was allowed to beat his wife with a stick no thicker than his thumb.

Hence we have 'the rule of thumb.'

2. Many years ago in Scotland, a new game was invented. It was ruled 'Gentlemen Only...

Ladies Forbidden'... and thus the word GOLF entered into the English language.

3. Each king in a deck of playing cards represents a great king from history:

Spades - King David,

Hearts - Charlemagne,

Clubs - Alexander the Great,

Diamonds - Julius Caesar

4. In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase..... 'goodnight, sleep tight.'

5. It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink.

Mead is an alcoholic drink created by fermenting honey and because their calendar was lunar based, this period was called the honey month, which we know today as the honeymoon.

6. In English pubs, ale is ordered by pints and quarts...

So in old England, when customers got unruly, the bartender would yell at them 'Mind your pints and quarts, and settle down.'

It's where we get the phrase 'mind your P's and Q's'

7. Many years ago in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they used the whistle to get some service.

'Wet your whistle' is the phrase inspired by this practice.

8. In 1696, William III of England introduced a property tax that required those living in houses with more than six windows to pay a levy. In order to avoid the tax, house owners would brick up all windows except six. (The Window Tax lasted until 1851, and older houses with bricked-up windows are still a common sight in the U.K.) As the bricked-up windows prevented some rooms from receiving any sunlight, the tax was referred to as "daylight robbery"!

Now, there you have the origin of these phrases. Interesting isn't it!!

SCARY MATHEMATICS

A farmer died leaving his 17 horses to his three sons.

When his sons opened up the Will it read:

My eldest son should get $\frac{1}{2}$ (half) of total horses;
My middle son should be given $\frac{1}{3}$ rd (one-third) of the total horses;

My youngest son should be given $\frac{1}{9}$ th (one-ninth) of the total horses.

As it's impossible to divide 17 into half or 17 by 3 or 17 by 9, the three sons started to fight with each other.

So, they decided to go to a farmer friend whom they considered quite smart, to see if he could work it out for them.

The farmer friend read the Will patiently, and after giving due thought, he brought one of his own horses over and added it to the 17.

That increased the total to 18 horses.

Now, he divided the horses according to their father's Will.

Half of 18 = 9. So he gave the eldest son 9 horses.

$\frac{1}{3}$ rd of 18 = 6. So he gave the middle son 6 horses.

$\frac{1}{9}$ th of 18 = 2. So he gave the youngest son 2 horses.

Now add up how many horses they have:

Eldest son - 9

Middle son - 6

Youngest son - 2

TOTAL IS 17

Now this leaves one horse over, so the farmer friend takes his horse back to his farm.

Problem Solved!

PROPOSED DAM SITE – BAKERS GULLY ROAD, CLARENDON JUNE 1986

Recently the E & .S. Department came for two days to Clarendon to give the local population the opportunity to become familiar with the impact and ramifications of the proposed Bakers Gully Dam. The outlinings of the Dam were on a map labelled LA 24.

Ever since, the Department and the Minister responsible have refused to provide us with copies of this particular map. We have now prepared a map which we believe outlines the proposed Dam which will have an impact on all our lives to the extreme.

The outlined area would be approximately 800 metres past the high water line and is the land which will be resumed by the E & W.S. Department.

It can be seen that the township of Clarendon will disappear off the map.

The Minister Dr. Hopgood has stated words to the effect that the township of Clarendon would be just a price to pay if people in Adelaide need the water.

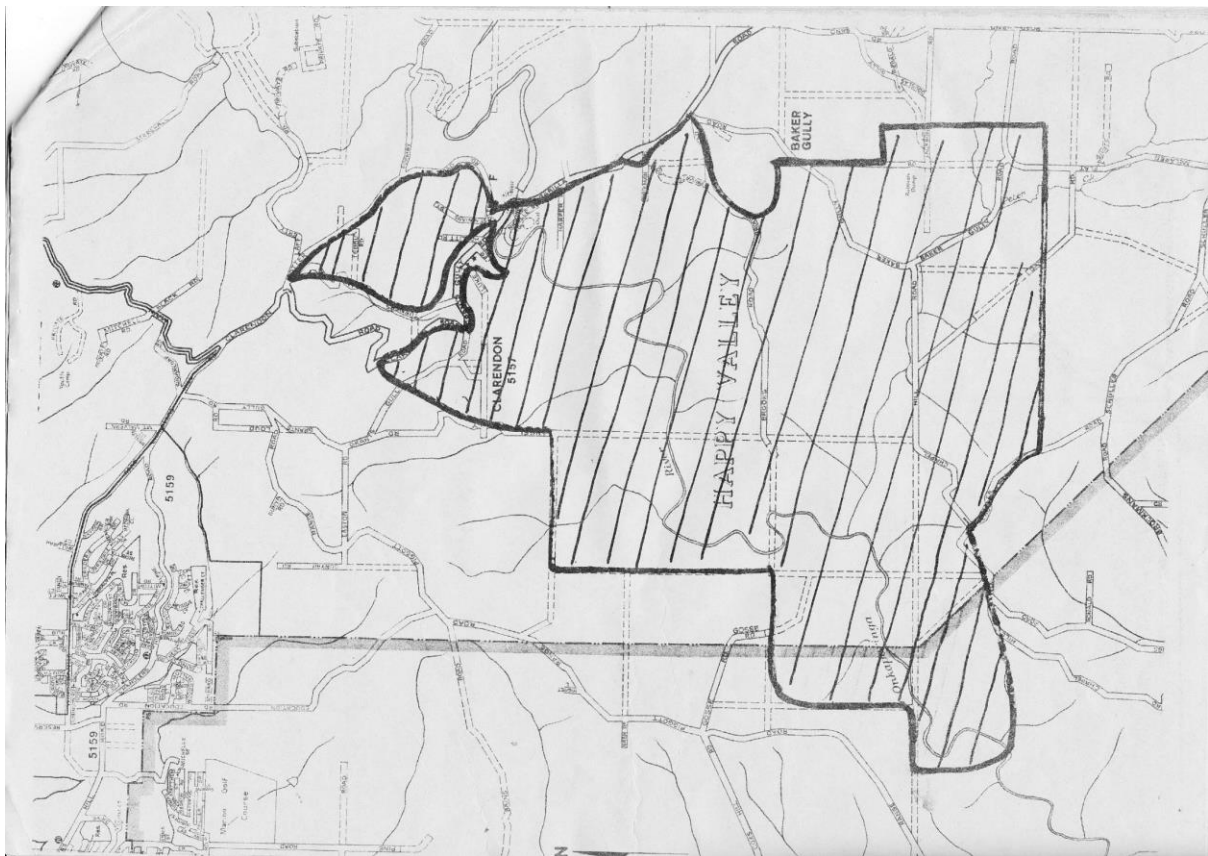
The saga of this Dam site has been held under a cloud too long, and we feel that the people concerned at least have a right to know what is developing.

A decision on the Dam has to be made. It has been deferred, referred, postponed and delayed between Departments for years. The latest is that it will be reviewed in two years pending another report.

Mt. Killick, The Manager of Water Resources has expressed his willingness to help clear this matter, he can be contacted on XXX XXXX.

The statement has been made that the map LA 24 cannot be released to the general public because of the disturbing impact on the local population. The Kangarilla-Clarendon Rural Ratepayers Association believes that it has a responsibility to make the people concerned aware of possible developments in their area.

THIS WILL VITALLY AFFECT US IN THE FUTURE.



ONKAPARINGA CALLS FOR MINISTER BASHAM TO REVIEW GM CROP DECISION

The City of Onkaparinga has called on Primary Industries Minister David Basham to review his recent decision not to designate the McLaren Vale wine region as GM free.

The council has also asked for detailed minutes of the recent GM Advisory Committee meeting where the matter was discussed.

"It needs to be made clear – the minister hasn't said no to councils, he's said no to the hardworking, successful winemakers and grape growers of our world-class wine region, who know their business and markets better than anyone," Onkaparinga Mayor Erin Thompson said.

"Councils were simply tasked with gathering industry evidence, which we did, exactly as prescribed.

"This is a lost opportunity to use the legislation to its best effect, and a failure to recognise that McLaren Vale has unique attributes that deserve protection," she said.

Mayor Thompson also expressed surprise that, following the deadline for making an

application, correspondence and media statements from Minister Basham mentioned 'segregation protocols' and 'thresholds', even though these were not included in section 5A of the Act, nor in any advice from PIRSA or the minister's office prior to this date.

The council also refuted the assertion that no rigorous evidence-based arguments were provided regarding potential changes in costs for non-GM businesses if the region was not designated GM free.

"Our application provided direct and tangible evidence from four wineries in McLaren Vale, including trade testimonies from importers citing the necessity for GM-free produce in order for trade to continue occurring," Mayor Thompson said.

"The immediate risk is \$5.1 million per annum in existing export markets.

"Further, our application expressly points to feedback received from our wine industry that lifting the moratorium will result in a 'reverse onus of proof'.

"This means that grape growers and wine producers who are certified organic or biodynamic and who have not previously needed to prove their produce is free from GM material, will now be forced to do so, at great cost and inconvenience," Mayor Thompson said.

Correspondence from the Advisory Committee also stated that no data was provided in any application regarding additional costs that would result from the segregation of GM and non-GM crops or in relation to organic certification if GM food crops were to be permitted.

For more articles from the City of Onkaparinga visit onkaparinganow.com

Make Christmas special for children living in our city by donating to the

ONKAPARINGA **Christmas Tree**



Donate at any of these locations:

- Noarlunga Council Office
- Aldinga Library
- Aberfoyle Hub Library
- Woodcroft Community Centre

Gifts will be distributed to children with the assistance of:

- Southern Adelaide Domestic Violence Service
- Anglicare Outer Southern Hub
- Christian Care and Support Centre Aldinga Beach
- Salvation Army Morphett Vale

For more information phone 8384 0666 or email mail@onkaparinga.sa.gov.au

onkaparingacity.com

CITY OF ONKAPARINGA CHRISTMAS AND NEW YEAR OPERATING HOURS

Our services and availability will be temporarily affected from Friday 25 December to Monday 4 January. For all closure details visit onkaparingacity.com

THE BEST IN THE BUSINESS



Onkaparinga's top businesses were crowned at the 2020 ON Business Awards ceremony at the McLaren Vale and Fleurieu Coast Visitor Centre on Wednesday 11 November.

The 16 winning businesses, which are spread across the city and offer everything from wine to window tinting, received their awards following an extensive nomination and voting period. More than 3800 nominations were made by the public for more than 340 local businesses, with more than 8000 votes cast for those shortlisted.

The awards, which are an initiative of City of Onkaparinga's ON Business Partner Program and recognise local business excellence, took on extra importance this year.

Two new awards were added in 2020 that directly respond to COVID-19, recognising the resilience and success of the local business community that has faced unprecedented challenges in the face of the virus.

The awards also supported council's Go South Go Local campaign, which is aimed at supporting local businesses to recover and grow amid the pandemic. The campaign's message is simple – you can make a difference

simply by buying local. Every dollar spent with a local business helps to rebuild the local economy, grow the local business community, and ensure local people continue to be employed.

For business owners, a toolkit is available to help your business get involved and spread the Go South Go Local message.

Head to onbusinesspartnerprogram.com.au to download digital assets, receive an introductory pack including in-store displays, learn how to get your business listed in our free directory and gain access to events, business advice, offers and promotions.

Without further ado, see who took out the 2020 ON Business Awards!

HALL OF FAME

Winner WOOD 'N' LOGS

Finalists Akers of Lawn, Victory Hotel

START-UP BUSINESS

Winner Stu's Barber Shop

Finalists Gone AWOL, Jessy's Kitchen at Pepper Tree

COOPERATION DURING COVID-19

Winner The People's Pantry

Finalists Professionals Christies Beach, The Flour Store

RESILIENCE DURING COVID-19

Winner Let's Eat Catering

Finalists Duke's Café, Females Fighting Forward

EATERY

Winner Winter's Burgers

Finalists Tealicious Cakes, Tequila N Tacos

COFFEE

Winner Coffee Factory Café

Finalists Long Shot & Co, The Flour Store

PUB/BAR/LIVE MUSIC VENUE

Winner Pepper Tree Aldinga

Finalists Shifty Lizard Brewing Co., The Aussie Inn

MOBILE TRADER

Winner Nature's Plate

Finalists Complete Mobile Mechanical, Taste of Paradise SA

RETAILER

Winner MV2

Finalists Fancy That on Beach Road, Seaford Gourmet Meats

ECO-FRIENDLY/SUSTAINABLE BUSINESS

Winner Folk of all Trades

Finalists Lujo Home, Your Destination Hair and Beauty

FOOD/BEVERAGE MANUFACTURER/PRODUCER

Winner Ginny Pig Distillery

Finalists Shifty Lizard Brewing Co., Willunga Farmers Market

PROFESSIONAL SERVICES/INCLUSION SUPPORT BUSINESS

Winner Cabana Productions

Finalists Orange Fridge, Tamwel Arts

MANUFACTURING/CONSTRUCTION/TRADE BUSINESS

Winner South Coast Window Tinting

Finalists South Vac Hydro Excavation and Vacuuming, Southern Classics and Customs

HEALTH/BEAUTY/FITNESS/WELLBEING BUSINESS

Winner Jump! Swim School Hackham

Finalists Dianne Jackson Dance Theatre, enerG+ Boxing & Pilates Studio

TOURISM EXPERIENCE

Winner Gone AWOL

Finalists Flower Cellar Door, SA eBikes

CUSTOMER EXPERIENCE

Winner Adelaide Fresh Fruiterers

Finalists Agatha's Café, Beck's Bakehouse

SUPPORT LOCAL BUSINESSES THIS CHRISTMAS!

Explore our gift guide, filled with special offers and discounts.

gosouthglocal.com.au/christmas #GoSouthGoLocal



FROM BAKERIES TO BLOOMS THE SOUTH HAS IT ALL

COVID-19

We are continuing to closely monitor the COVID-19 situation.

The safety of our community, customers, staff and volunteers is our number one priority. We're keeping our community up to date with information about changes to council services, centres and events on our website at onkaparingacity.com/COVID19

FRITH AUTOMOTIVE

*For all your
Tyre & Battery needs*

Contact Peter Frith
Phone (08) 8388-2263
Mobile 0429 690 726

frithautomotive@bigpond.com

443 Frith Road
Corner of Mahar and Frith Roads
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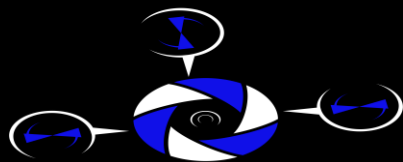
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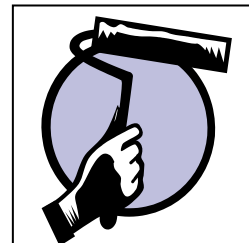
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SNAKE BITES IN AUSTRALIA

That bite of summer has well and truly come early this year and with that heat, comes snakes.
3000 bites are reported annually.
300-500 hospitalisations
2-3 deaths annually.

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.
While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season.

Let's start with a Basic overview:

There are five genus of snakes that will harm us (seriously)

Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom cannot be absorbed into the blood stream from the bite site.

It travels in a fluid transport system in your body called the lymphatic system (not the blood stream).

Now this fluid (lymph) is moved differently to blood.

Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc.

Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks) which are connected to veins at the base of the neck.

Back to the snake bite site.

When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move.

Stay still!!

Remember people are not bitten into their blood stream.

In the 1980s a technique called Pressure immobilisation bandaging was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream.

A firm roll bandage is applied directly over the bite site (don't wash the area).

Technique:

Three steps: keep them still

Step 1

Apply a bandage over the bite site, to an area about 10cm above and below the bite.

Step 2:

Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the armpit/groin.

The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white.

About the tension of a sprain bandage.

Step 3:

Splint the limb so the patient can't walk or bend the limb.

DO NOTS:

Do not cut, incise or suck the venom.

Do not EVER use a tourniquet

Don't remove the shirt or pants - just bandage over the top of clothing.

Remember movement (like wriggling out of a shirt or pants) causes venom movement.

DO NOT try to catch, kill or identify the snake!!!

This is important.

In hospital we NO LONGER NEED to know the type of snake; it doesn't change treatment.

5 years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used.

BUT NOW... we don't do this. Our new Antivenom neutralises the venoms of all the 5 listed snake genus, so it doesn't matter what snake bit the patient.

Read that again - one injection for all snakes!

Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.

Australian snakes tend to have 3 main effects in differing degrees.

Bleeding - internally and bruising.

Muscles paralysed causing difficulty talking, moving & breathing.

Pain

In some snakes severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Allergy to snakes is rarer than winning lotto twice.

Final tips: not all bitten people are envenomated and only those starting to show symptoms above are given antivenom.

Did I mention to STAY STILL.

A note from Editor:

Always carry your mobile phone with you whenever you are outside the home.

Always carry a roll of Vetwrap when working outside alone. It saved a friend of mine from the serious consequences of a brown snake bite.

Phone 000 immediately if you suspect you are bitten, and if possible phone a friend for support.

Always wear long pants, gloves and boots when working outside in areas you suspect might contain snakes.

Stomp loudly when moving through long grass.

