

Cherry Chatter



Incorporated by the Cherry Gardens Community Association Inc.

EDITORIAL

Winter seems to be the season when you're most likely to drive in challenging conditions; rain, wind, dark, debris, slippery and rough roads. Have you ever wondered what's caused potholes to form? Why is it that with the cold and wet conditions the



roads seem to rougher and dumpier? To understand how potholes form, it helps to know how roads are built in the first place. All streets and highways since the 19th century have basically been built the same, by the Macadam method. A macadam road is built by using angular (not rounded) stones that essentially lock together when compressed. Macadamisation enables roads to be built over dirt, which is relatively fast and allows roads to be built widely, expanding where roads can be constructed. The other essential aspect of a macadam road is its shape; highest in the centre or crown of the road, with a rounded or sloped shoulder running down to the gutters on either side. This is to try and ensure that water on the road will run off to the sides and then be directed away. The macadam method is actually three layers, with soil as the base, a sub-base of larger stones covering that and the tighter weave of rocks on the upper, surface layer. The small stones on that layer were originally bound together

by emulsifying oil-based by-products such as bitumen and tar. More recently, more sophisticated petroleum mixes have been engineered to allow for various temperature ranges found in different locations.

All roads are built to avoid an accumulation of water. But water is very insistent. It finds a way in and under pavement. The crown and the emulsifying agents only work at repelling water until there is a compromise in that pavement: cracks due to traffic wear and tear, cuts from utility work and pavement separations due to extreme heat and sunlight. In low areas water may accumulate after storms.

Once there is an opening, water seeps into pavement. Water can also, in sufficient quantities, saturate, soften and wash out the lower layers of stone and dirt supporting the surface layer. In warmer climates not subject to freeze-thaw cycles, the problem begins with heat-caused deterioration. Cracks from the heat allow water in, eroding the sub-surface layers. In either case, an air gap is formed in the sub-base of the pavement.

As vehicles continue to pass over these sub-surface gaps, the top layer sags, collapses and crumbles. So a pothole is formed.

In hot weather, potholes are formed

because of the road drying out. Hot summer sun shines down on the black pavement roads and rainwater seeps into the exposed cracks. As the water continues to penetrate the bitumen, the material under the road bed is also softened. Additional heating from the summer sun combined with the softened ground underneath create a road that can't bear heavy weights anymore. As a result, when a vehicle drives over the weakened area, the road falls through forming a pothole.

RAINFALL REPORT

| | |
|---------------------------------|-------|
| September 2016 | 251.2 |
| September 2015 | 59.6 |
| Average to the end of September | 99.8 |

| | |
|--------------------------------|--------|
| Total to end of September 2016 | 1110.9 |
| Total to end of September 2015 | 669.2 |
| Average to end of September | 758.2 |

Rainfall for September 2016 is a record for Cherry Gardens.

As a reminder the rainfall for the last 4 months has been:

- May 132.6
- June 176.6
- July 205.1
- August 179.8

So for the last 5 months we have received a total of 945.3, which is nearly one metre of rain!!

CHERRY CHATTER COMMITTEE

| | |
|-------------------|--|
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NEXT CC MEETING

Next meeting at Vicki's, Tuesday 8th November
Articles to be received 5th of each month



The Cherry Chatter is also on Facebook, so please 'Like' us...
www.facebook.com/Cherry-Chatter

PLEASE TAKE NOTE:-

Opinions and articles printed in the Cherry Chatter are not necessarily shared by the members of the Cherry Chatter Committee.

NOTE – The Cherry Chatter Committee will not approve any controversial article for publishing unless the name and address of the author is supplied.

JUSTICE OF THE PEACE

Cherry Gardens: Michael (Mike) Deare, Ph 83882185
648 Cherry Gardens Road

Coromandel East: Baldev Singh Dhaliwal - Ph 83705048, Mob 0411 113 331
Mrs Vicki Hayman Ph 0405 015 411

Aberfoyle Park: SA MP Nat Cooke Office Ph. 8270 5122

Blackwood: Darren of Kruse Legal - Ph 82781779
Office of Sam Duluk MP - Ph 8278 5844.
JP Services are available Monday - Friday, 9-5pm.

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HALL NEWS

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Table Tennis

Redfins take line honours.

Finishing top of the table in the minor round; then subsequently losing the preliminary final at home. The Cherry Gardens Redfins have come through, taking out the Division 3, Hill Table Tennis Grand Final.

| | |
|------------------------|-----------------|
| Cherry Gardens Redfins | 8 Sets 25 Games |
| Summertown Emus | 4 Sets 19 Games |



Ducks Down

Cherry Gardens Ducks, Division 4 took flight, but landed short in the semi-final the previous week.

| | |
|---------------------|-----------------|
| Cherry Garden Ducks | 5 Sets 16 Games |
| Summertown Swallows | 7 Sets 20 Games |

We all would like to thank Edie Brooks for the management and leadership shown throughout the season, she has been the glue that has held both teams together getting us into the finals in both divisions.

Looking forward to a new season, any person that would like to come and try, please give Edie a call Ph: 0407 798 418

GARDEN CLUB

contd p.4 --->

Next Meetings

Monday 7th Nov. Combined meeting with Kangarilla Floral Art and Garden Club at Kangarilla. Julia Jacobs, President of the Iris Association of SA will talk on Iris cultivation, and also demonstrate Floral Art using Iris.

Sunday 11th Dec. 11.30am is our Christmas Lunch at a member's home. Please bring either a salad or desert

Georges Gardening Suggestions for November 2016

Have you completed your mulching?
There are still a lot of weeds about be-

cause of the good Spring rains we had so hand pull them and use them to keep the moisture in the soil. If you are a serious gardener consider buying a mulcher/chipper to make good use of tree and shrub prunings.

Keep plants in top health with appropriate watering and feeding.

Harvest your leafy greens on a regular basis to maintain vigour.

Be watchful for Pear and Cherry Slug, they can be removed with a good jet of water, pyrethrum spray, or even a good dousing of ash from your fire-place.

Buy some potted colour to have a bright display for Christmas, tough plants such as marigolds, zinnias, celosias are ideal.

Thanks, Ray

Cherry Gardens Garden Club members spent a most informative and interesting evening with our speaker Felicity Franks from Ecowaterlands talking on garden pond design, construction and maintenance.

The biggest impact of her talk was learning that any body of water however small

HAPPY BIRTHDAYS

NOVEMBER

Rob Edwards
Don Watton
Thomas Watton

Christina Gear
Joseph Symons
Callum Lewis

Bianca Chenoweth
Cameron Crichton
Rebecca Anson

Carolyn Holt
Brad Monahan
Lynette Wise

OVER THE STABLE DOOR

Greetings Fellow Equines and Horse Owners!

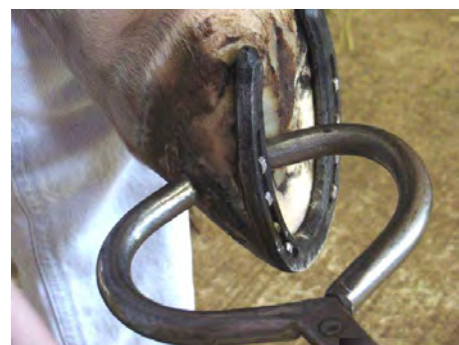
And still the rain keeps coming! Hopefully by the time you read this the weather will be on the improve. While the rain has been wonderful, too much and that brings its own set of new problems. The hay cutting season really needs to be hot and dry for optimum cutting, drying and baling. Any decent rain in the middle of this and it can mean the loss of the whole crop. Whenever this happens, the cost of buying hay increases and funny enough, never seems to go back down very much! SA farmers will be keeping their fingers crossed in the next few weeks for some good drying weather. In the last couple of months I have spoken about various ailments that occur during the wet weather. I omitted to mention hoof abscesses. An old vet of ours once said that nothing will make a horse as lame as a hoof abscess. So of course yours truly came up with an abscess! The pain can be likened to having something under your fingernail, an area with a rich supply of nerve endings and blood vessels. On top of that for a horse, he has all of his weight on his hooves, so the pressure is immense. Thoroughbreds can be particularly prone, but really it can happen to any breed. The first signs will be lameness (usually in a front foot) and the horse will nod his head markedly, lifting it up as the sore hoof takes the weight. On palpation, there is usually heat anywhere from above the coronet to all around the hoof, depending on where the abscess is. Now the tricky bit can be finding it. Your vet and/or farrier will usually be able to



find it using hoof testers. As the hoof is squeezed on the sore area, there will be a very noticeable reaction! If you are lucky, an exit point can be found for the pus to drain. The aim is for the abscess to drain out through the bottom of the hoof, as gravity will aid in this and the relief for the horse is practically instantaneous. When an exit point cannot be found, that is of real concern, because then the abscess will work its way up through the hoof and break out through the coronet. This takes longer and of course causes a longer period of pain for the horse. In early days, anti-inflammatories can be given to relieve pain, but that can also slow down the movement of the abscess. If the abscess is reluctant to move, poultices can be applied – changed daily or twice daily. The poultice can consist of Animalintex soaked in brine and applied to the bottom of the hoof and taped on firmly with either duct tape or Vetwrap (duct tape works out cheaper). Also if the horse will tolerate it (I didn't at first) you can give him an Epsom salts soak in a bucket

of warm water. The water should be as warm as possible, but not that hot that you can't put your own hand in it! This can give very noticeable relief and if he objects in the beginning as I did, you might find that after the first couple of times that he is quite happy to stand still for 10 minutes of relief. I have to say, that I was more than happy to stand in that nice warm bucket of water after day 1. When finished, reapply another poultice. Even after the abscess has shown signs of draining, in this weather, it pays to keep on poulticing with a dry piece of Animalintex taped under the hoof as this will help to absorb any more fluid. Now all this info is just what my owners have found to work, but as always be guided by your vet/farrier. Sometimes things are not as simple as they seem. At present, my owners (all being well) plan on poulticing my hoof for at least a week to be on the safe side. Since I am more than happy to stand with my head poking out of my stable overnight, keeping my feet dry, this is working well at present.

Happy munching and safe riding, Hamish



CFS NEWS

Just today I came across what was I believe one of the first of the long running television shows of M*A*S*H. On the positive side it was one I had not viewed before and I enjoyed the laughs. On the negative, Alan Alda, the star of the show, did not have one grey hair and looked around 30 years of age. I saw him recently on the box and the hair is totally grey and he now looks 70! Hell, do I look that old?

I just wanted to share this little observation as fire-fighters need to be very observant as we ply our craft. I thought of our (your) CFS team at cherry gardens brigade and the crew there ranging in age from around 17 years through to our oldest active member who is getting on towards 73 years!

Where am I heading with this one?

The MASH show referred several times to the group being one big family and that reminds me of your cherry brigade which, apart from the firefighters, boasts a group of dedicated operations support members who man the radios and phones for not just cherry but the whole group. I think I heard someone say the other night, in the wee hours, they had just reached 100 calls in the first three months, July to September. I know the brigade has clocked up 73 calls for the same period when we normally handle 50 to 60 for a whole year! No wonder I feel a little haggard!

Over the last six months or so we have lost quite a few of our people to work

transfers from an already low member base. We need your help now if we are going to provide the fire and emergency

cover that you expect and deserve this summer. Call in to the station on a Monday night at 7pm and have a chat about what you can do. We need both fire-fighters and operational support members---will you help us?

Special thanks goes to the Cherry Chatter who regularly support us with donations and to those of you giving your cans and bottles-----thankyou and keep it up!



CHURCH NEWS

Cherry Church – Big Brother

Details of some events stay in your mind for many years - like the time when, as a boy, I was bouncing my lacrosse ball against a wall of our house. Dad, fearing for the safety of the laundry window, had outlawed the practice; so I only did it when he wasn't home. As Dad had foreseen, one day, I miscued. The laundry window was shattered.

Mum did what she often did at such times. She looked, shook her head, administered a mild reprimand and said, 'Wait until your father gets home.'

So I sweated until I heard him arrive at the gate. Then I did the only sensible thing; I ran and hid in one of my secret places in our large, rambling garden. Dad went inside the house; things were explained to him; he came out to inspect. Then he called my name in that voice which always meant trouble.

Quite terrified by now, I responded with silence and crept deeper into my hidey-hole. Even when the whole family joined in calling, some sounding quite worried as darkness began to settle, I didn't respond. At last, they gave up and went inside, no doubt to discuss how to proceed.

As for me, I sat tight, an outcast, feeling cold, hungry, very lonely, thoroughly miserable, a little scared in the half-light, and not knowing what to do.

But not everyone went inside. My older brother, Ray, stayed out. Then he came straight to where I was hiding - he knew all about my secret places. Without a word, he sat beside me and slipped his arm around my shoulders. After a while, he simply stood up, reached out to catch my hand in his, and then led me inside the house, back into warmth and light, back into the security and love of my family.

The incident opened my mind to a very significant truth. From then on, I simply knew, in the way a child does, that it was a great thing to have a family to belong to. And to have an older brother to restore me to that family.

In later life, when I began to respond to the teachings of the Church, I came across a Bible passage which referred to Jesus as an older brother. And at once, because of what Ray had done for me many years earlier, I knew what that meant: Jesus is the one who restores me to God's family.



Cherry Gardens Church
87 Hicks Hill Rd, Cherry Gardens
Services held on Sundays at 9.30am

Cherry Church Contacts:

Pastor: Margaret Seyfang
Ph. 0404 008 372

Chairperson Congregational Council:

Alan Dube ph 8270 3264

Pastoral Contact:

Prim Dube Ph 8270 3264

WELCOME

The Cherry Chatter committee would like to welcome the newly settled families who have recently moved into the Cherry Gardens area.

We hope you love living here as much as we do.

SCIBBIES Cricket

Cricket season is well underway though the weather may suggest otherwise. We've been lucky to play all our games so far with some slight restructuring to the fixture thanks to fallen trees and soggy ovals. The A Grade started off their season with a rare tie and have followed this up with a win and a loss while the C Grade have split their opening fixtures. We are always looking for new players so be sure to come out to training on a Thursday at 5:30pm at the Recreation Ground.

Off the field, we have a fun night coming up on November 12th at the Blackwood Lawn Bowls Club. It's an open invite to everyone and anyone to try their hand at some barefoot bowling

GARDEN CLUB - contd. from p.2



or large should be a complete balanced ecosystem with good consistent water flow, in order to remain healthy and clean. Ponds can be a beauty to behold whilst also, if desired, being a welcoming environment for the whole gambit of plants and creatures which will enjoy living in or visiting the pond. For many of us who have ponds,

yet little or no knowledge of how they should or could function, this was an unforgettable evening. Felicity's obvious understanding, experience and depth of knowledge of, the importance of water movement, pros and cons, benefits or disadvantages, dangers or pleasures, very useful cleansing plants vs dangerous, invasive pond weeds and algae, native or exotic pond plants was impressive and extremely helpful. Her excellent and extensive pictorial presentation showing the plants which will help us in keeping the pond clean, yet be easy to manage and aesthetically pleasing was invaluable in assisting us in our learning.

As always we enjoyed the fun and surprises of the plant auction followed by a great supper.



Female Footy at Thunder Park in 2017 !



An exciting development for the Ironbank Cherry Gardens Football Club!

If you are interested in playing, helping out, or know someone who is, please contact the club to register your interest so we can keep you informed on upcoming dates and important information. The person to contact is:

IBCGFC Female Football Director - Vanessa Medder on:

0410470290 or email vanjoff@bigpond.com

It seems like such a long time since our Grand finals were played and certainly SA has had a "lot of water under the bridge" since then.

Ironbank Cherry Gardens Netball Club finished the season with nine teams playing in Grand Finals and six of them becoming premiers.

Congratulations to our premiership teams:

- 13 & under div 2
- 15 & under div 1 (green)
- 15 & under div 2 (gold)
- B2 (green)
- C1
- Courier League team

As winter netball finishes, our newly established summer competition will commence on Thursday nights from October 20th at 4.30pm. Teams have been nominated and the draw will be out soon.

The AGM and Registration night will be at the clubrooms on Wednesday 8th February 2017. Commencing at 5pm with the AGM at 7.30pm. All welcome.

Jenny Pearce
IBCG President



LETTERS TO THE EDITOR

What is Pilates?

Joseph Pilates, born 1883 in Germany, is the creator of Pilates. As a child Joe suffered asthma, rickets and Rheumatic Fever. He turned to exercise and athletics to battle these ailments. He became an avid skier, diver, gymnast and boxer. In 1912 Joe worked in England as a self-defense instructor for Scotland Yard. At the outbreak of WWI Joe was interned with other German nationals. During his internment in 1918 an influenza epidemic struck England and along with other wartime disease and injuries suffered in the internment camp, Joe set upon himself to develop fitness and rehabilitation exercises for his fellow internees. As an example, Joe rigged bedsprings to provide resistance exercises. No one under Joe's



for the spine.

Many professional and Olympic athletes practice Pilates as an important adjunct to professional sports training and physical rehabilitation of all kinds. Today many celebrities practice Pilates.

Pilates is for everyone because as joint mobility, muscle flexibility, pos-

exercise regime died. In 1926 Joe moved to the U. S. and opened a fitness studio in New York. He taught muscle awareness and control, focusing attention on core postural muscles that keep the body balanced and provide support

ture, balance, torso strength, body awareness and control spills over into everyday activities. It does not matter how unfit you are, your age or past injuries. Pilates is low impact and modifications to the exercises provide a range of difficulty from beginners to advance. Exercises can be adapted for special needs such as injuries and rehabilitation.

Small classes taken by qualified instructors are important. Pilates/general fitness classes are held at the CFS Station, Cherry Gardens Road every Wednesday night by an instructor qualified in Pilates instruction (Rehabilitation) and Personal Training. For further information on these classes, see the advertisement in this edition.

FRIENDS OF SCOTT CREEK CONSERVATION PARK



On the last weekend of September, Wirrapunga Indigenous Garden in Aldgate participated in the South Australian Open Garden Scheme. We would like to thank owners John Wamsley and Proo Geddes for their generosity in once again nominating the Friends of Scott Creek CP Almanda Project as the beneficiary of proceeds from the event. Despite the inclement weather, over \$6,000 was raised, which was a fantastic effort. Thanks also to everyone who helped out over the weekend.

The 2016 Almanda Report, covering the second year of our ten year restoration project, is now available for purchase. Anyone undertaking creekline restoration work may benefit from our experience, which is summarised in these annual reports.

In this year's report there is a review of

work undertaken within each of the creek systems of Scott Creek CP during the 12 month period to 30th June 2016, with some extra information provided by John Wamsley on the methodology being used to record and manage the weeds issues. Once again there is a report from our botanist, Ben McCallum, and results of the monitoring he has completed this year, which covers three creek systems and a preliminary 10-15 year plan for a fourth. Please contact me if you would like to purchase a copy of the 2016 Almanda Report. The cost has been maintained at the same \$45 price as the 2015 report, despite an increase in printing costs. We also still have copies of the 2015 Almanda Report, for those who haven't obtained a copy of that one yet.

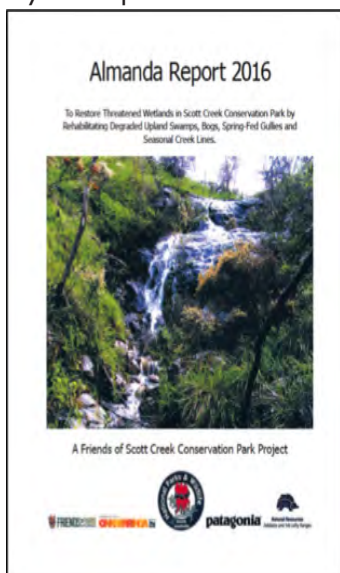
Spring is a great time of the year for anyone wishing to join us at one of our half-day "bush gardening" activities. Come along and see what we do and check out some of the beautiful orchids and other spring flowers in the park.

Contact our secretary Don Reid on 8388 2123 if you have any questions or want to get involved in any of the Friends' activities. For more information about the Park including a downloadable walking trail map, go to www.friendsofscottcreek.org Peter Watton, Friends of Scott Creek Conservation Park

All working bees meet at 9:00am at Gate 16 Almanda Car Park Dorset Vale Road (unless there is a MLR fire ban or very wet weather).

Programme of activities

| | | |
|--------|--|-------------|
| Nov | Tue 1 | Working Bee |
| Tue 8 | AGM at Cherry Gardens CFS - 7.30pm start followed by presentation by Professor Andrew Lowe (see October Cherry Chatter for more information) | |
| Sun 13 | Working Bee | |
| Thu 17 | Social lunch at the Essence, Stirling - 12 noon | |
| Sat 26 | Working Bee | |
| Dec | Tue 1 | Working Bee |
| Sun 12 | Working Bee | |



LOCAL HERITAGE NEWS

The fight to save our local heritage

There has been a public outcry about the proposals in the state government's discussion paper about local heritage which threaten to undermine forty years of heritage protection in South Australia. A crowd of more than 350 people, including representatives from Coromandel Valley and Districts National Trust branch, attended the Adelaide Town Hall on 26 September to express their concerns and to call on the government to undertake more extensive public consultation before preparing any legislation.

Submissions on the government's discussion paper closed on October 7th

However the National Trust of South Australia will continue to campaign against the proposals to dismantle our heritage protection system advocated in the discussion paper and to seek more, rather than less, protection for our heritage. Involvement of local history groups and individuals is being sought.

Local heritage belongs to all of us.

We need to strengthen heritage protections not diminish them.

Are you aware of Cherry Gardens' local heritage buildings and places and stories?

On Friday 11th November, 7.30 pm at Cherry Gardens Memorial Hall the next 'Spotlight on History Night' will be held.

This session will continue a series of gatherings where stories of our local community and people are told. Do you have a local history question that you would like answered?

Questions in advance are welcome.

Cost \$5 includes supper. No pre-booking required – simply come on the night.

Contact Don Watton – email: cherry-chatter@yahoo.com for more info.

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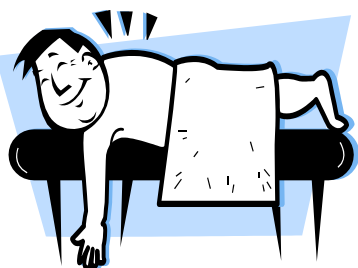
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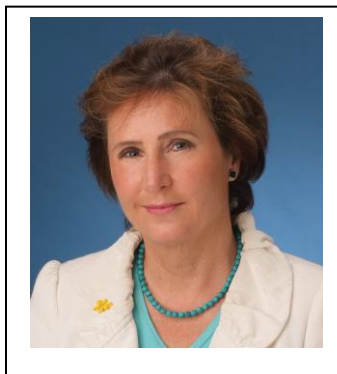
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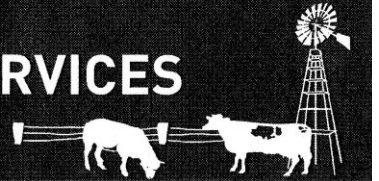
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